

Topic: Emergency Preparedness

Emergencies strike seemingly out of nowhere. Our ability to survive is often determined by our level of preparation. Help take some of the unknowns out of the unknown by preparing a disaster kit today. Learn what you should include and more about specific emergencies here:

Ready.gov: Plan ahead for Disasters

<https://www.ready.gov/>

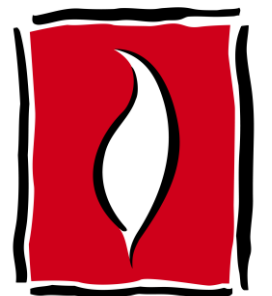
Ready.gov: Build a Kit

<https://www.ready.gov/kit>



Community Wellness & Faith Community Health Services at Carle connects you and your faith community to needed healthcare and wellness support, taking a whole-person approach to health.

To learn more about bringing healthcare and wellness resources to your faith community, call (217) 902-3160 or email FaithCommunityHealth@carle.com.



Carle Faith Community
Nursing Network