

# COMMUNITY HEALTH IMPROVEMENT PLAN

MCLEAN COUNTY/ILLINOIS  
2020-2022 FINAL REPORT



 **Carle**  
BroMenn Medical Center



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# Executive Summary

Carle BroMenn Medical Center, Chestnut Health Systems, the McLean County Health Department and OSF St. Joseph Medical Center, with the guidance of the McLean County Community Health Council, collaborated to produce two joint reports; the 2019 McLean County Community Health Needs Assessment and the 2020 – 2022 McLean County Community Health Improvement Plan. The 2019 joint community health needs assessment resulted in the identification of three health priorities: 1) behavioral health, including mental health and substance abuse; 2) access to care and, 3) healthy eating/active living.

The purpose of the 2020 - 2022 McLean County Community Health Improvement Plan was to improve the health of McLean County residents by developing and maintaining partnerships to implement community health improvement plan interventions, working together to encourage health and healthcare access awareness and fostering systemic approaches that will improve the health and well-being of county residents and the community.

For the three-year period of 2020 - 2022, McLean County stakeholders worked together to implement the McLean County Community Health Improvement Plan and to support related efforts. Annual reports for 2020 and 2021 were produced to reflect progress made on implementing the intervention strategies and achieving the process indicators outlined in the plan. This 2020 – 2022 Final Report provides a similar overview of the progress made on the intervention strategies over the three-year period. It is also followed by the Outcome and Impact Objectives Comparison Summary for 2020 - 2022. Using green, yellow and red highlights, the summary provides the baseline data included in the 2020 – 2022 McLean County Community Health Improvement Plan in comparison to the most up-to-date data available as of March 2023 to see if improvements in the impact and outcome objectives have been observed.

The onset of the pandemic in 2020 impacted the ability to continue with all interventions outlined in the improvement plan. However, through the work of committees dedicated to each of the priority areas, considerable progress continued to be made toward implementing the intervention strategies and achieving the targets as defined by the process and outcome indicators. Some examples of accomplishments from the improvement plan over the three-year period are listed on the next three pages.

## 2020 - 2022 Community Health Improvement Plan Accomplishments

Behavioral Health (Mental Health and Substance Abuse)	Baseline Data	Newest Data
<p>Telepsychiatry services ramped up in 2020 due to the pandemic and continued in 2021 and 2022.</p> <ul style="list-style-type: none"> <li>Over 2,600 individuals received telepsychiatry services in 2020.</li> </ul>	Baseline data to be established	Over 1,300 individuals (2022)
<p>An annual behavioral health forum for community members was held each year from 2020 – 2022. The forums were held virtually in 2020 and 2021 and in-person in 2022.</p> <ul style="list-style-type: none"> <li>Total attendance for forums held in 2020 – 2022 was 663 participants.</li> </ul>	200 participants (2018)	258 participants (2022)
<p>The Embedded School and Community-based Services began in 2017. It expanded in 2020 – 2022.</p> <ul style="list-style-type: none"> <li>Clinicians are embedded in schools to increase access to mental health services for students.</li> </ul>	406 students (2019)	922 students (2022)
<p>Frequent Users System Engagement (FUSE) began in 2019 and continued to expand in 2020 – 2022 with positive outcomes.</p> <ul style="list-style-type: none"> <li>FUSE is a program designed to break the cycle of homelessness and crisis among individuals with complex medical and behavioral health challenges who are frequently intersecting the justice, homeless or emergency systems of care</li> </ul>	2 participants (2019)	13 participants (2022)
<p>In March 2020, the McLean County Triage Center opened.</p> <ul style="list-style-type: none"> <li>In 2021, 104 individuals utilized the center for 297 encounters.</li> <li>In 2022, 325 individuals utilized the center for 588 encounters.</li> </ul>	New center (2020)	325 individuals (2022)
<p>Seventeen Mental Health First Aid instructors were trained in 2021 and 2022. Several current instructors were also certified to teach virtual and hybrid courses.</p>	Not available	17 instructors (2021 – 2022)
<p>The number of individuals receiving services through PEARLS increased.</p> <ul style="list-style-type: none"> <li>The Program to Encourage Active, Rewarding Lives (PEARLS) is a national evidence-based program for late-life depression. PEARLS brings high quality mental health care into community-based settings that reach vulnerable older adults.</li> </ul>	17 individuals (FY2018)	47 individuals (FY2022)
<p>The proportion of 12<sup>th</sup> grader students reporting using electronic cigarettes 1 or more times in the past 30 days decreased</p>	26% (2018)	10% (2022)
<p>The proportion of 12<sup>th</sup> grade students reporting using marijuana 1 or more times in the past 30 days decreased</p>	18% (2018)	14% (2022)

The proportion of 12th grade students reporting that they have used any type of substance in the past year decreased	50% (2018)	43% (2022)
<b>Access to Care</b>	<b>Baseline Data</b>	<b>Newest Data</b>
The proportion of McLean County residents identified as “at risk” (Medicaid Population) reporting the emergency department as their choice of medical care decreased.	19% (2018)	16% (2021)
The proportion of McLean County survey respondents indicating that the cause of their inability to access prescription medication was “no way to get to doctor” decreased.	5% (2018)	3% (2021)
The west Bloomington Carle Mobile Health Clinic pilot was launched in April, 2021 at Woodhill Towers. Collaborative partners included the Bloomington Housing Authority, OSF St. Joseph Medical Center, McLean County Health Department and the Tinervin Foundation.	NA	159 patients (2022)
Both Chestnut’s Family Health Center, through the Cohesion Project, and the Community Health Care Clinic, through Coordinating Appropriate Access to Comprehensive Care (CAATCH), focused on engaging those without a primary care home.	387 clients (2020)	235 (2022)
The number of dental visits at the McLean County Health Department and the Community Health Care Clinic for uninsured or underserved individuals increased from 2020 to 2022.	4,091 dental visits (2020)	5,071 dental visits (2022)
There was an increase the number of full- time equivalents (FTE) dentists and hygienists available to serve low-income McLean County residents.	3.6 FTE dental providers (2020)	3.85 FTE dental providers (2022)
<b>Healthy Eating/Active Living</b>	<b>Baseline Data</b>	<b>Newest Data</b>
The Food Environment Index for McLean County increased. <ul style="list-style-type: none"> <li>The food environment index combines two measures of food access: the percentage of the population that is low-income and has low access to a grocery store, and the percentage of the population that did not have access to a reliable source of food during the past year (food insecurity). The index ranges from 0 (worst) to 10 (best) and equally weights the two measures.</li> </ul>	7.6 (2018)	8.1 (2022)
The food insecurity rate for McLean County decreased from 12.1 percent to 9.2 percent.	12.1% (2016)	9.2% (2020)
SmartMeals was implemented in 2018 and continued in 2020 – 2022.	1,296 meals	1,667 meals

	(2019)	(2022)
In 2020-2022, nearly 300 free programs educating community members about healthy food choices were offered.	Not available	292 free programs (2022)
In 2020 - 2022 over 4,500 community members participated in free programs related to preparing healthy foods.	Not available	4,577 community members (2022)
Midwest Food Bank donated healthier foods to the community.	Not available	288,044 cases of food donated with 19% healthier food options (2022)
Home Sweet Home Ministries provided healthier food options through their kitchen.	Not available	13,312 participants served with 80% healthier options (2022)
The Food Pantry Network, which is a collaboration between multiple food pantries, began meeting in 2020 to share best practices for providing healthier foods options and education to participants.	Not available	Began meeting in 2020
In 2020 - 2022, over 12,000 pounds of fresh produce was donated for distribution to community members.	Not available	2,792 pounds (2022)
94% of Matter of Balance participants reported “feeling a reduction in a fear of falling” in 2020 – 2022.	Not available	94% of participants
In 2020 – 2022, over 2,000 school-aged children participated in the 5-2-1-0 Campaign.	Not available	480 children (2022)

**To see a complete list of highlights reflecting progress and the need for further community-wide effort, please see the Outcome and Impact Objective Comparison Summary on pages 79 – 85.**

# 2020–2022 McLean County Community Health Improvement Plan Behavioral Health Summary

**HEALTH PRIORITY: BEHAVIORAL HEALTH**

**GOAL:** Advance a systemic community approach to enhance behavioral health and well-being by 2023.

**Related Social Determinants of Health:** Access to Care; Housing Instability/Quality of Housing

**OUTCOME OBJECTIVES:** By 2023, reduce the number of deaths due to suicide.  
By 2023, reduce the death rate due to drug poisoning.

**Baseline**

- 16 deaths due to suicide, McLean County Coroner’s Office, 2018.
- 13.3 deaths/100,000 population, Conduent Healthy Communities Institute, County Health Rankings, 2014-2016

**State Health Improvement Plan (SHIP) 2021 Alignment**

- *Build upon and improve local system integration.*
- *Improve the opportunity for people to be treated in the community rather than in institutions.*
- *Increase behavioral health literacy and decrease stigma.*

THREE YEAR MEASURES	STRATEGIES and INTERVENTIONS	ANNUAL EVALUATION MEASURES	PROGRESS IN 2021
<p><b>IMPACT OBJECTIVE #1:</b></p> <p>By 2023, increase the percent of McLean County residents reporting good mental health and feeling less sad, depressed, stressed or anxious.</p>	<p><b>STRATEGY 1: SUPPORT EDUCATIONAL PROGRAMS AND MEDIA CAMPAIGNS AIMED AT REDUCING BEHAVIORAL HEALTH STIGMA, INCREASING MENTAL HEALTH AWARENESS AND/OR IMPROVING MENTAL HEALTH STATUS.</b></p>		



BASELINE DATA	<u>Intervention 1.1: Offer Mental Health First Aid (MHFA) Courses to the Community (evidence- based program)</u>	<u>Intervention 1.1: Process Indicators</u>	<u>Intervention 1.1 Outcomes</u>
<ul style="list-style-type: none"> <li>• <b>31%</b> of 8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> grader students reported feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities (Illinois Youth Survey, 2018)</li> <li>• Residents reported that their mental health was not good <b>3.6 days</b> in the past 30 days (County Health Rankings, 2016)</li> <li>• <b>28%</b> of survey respondents reported their overall mental health as good (McLean County Community Health Survey, 2018)</li> <li>• <b>21%</b> of survey respondents reported feeling depressed for 3 or more days in the 30 days prior to the survey (McLean County Community Health Survey, 2018)</li> <li>• <b>60%</b> of survey respondents reported that they did not feel stressed or anxious on any day in the 30 days prior to the survey (McLean County Community Health Survey, 2018)</li> </ul>	<p><b>Evidence:</b>  <a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/mental-health-first-aid">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/mental-health-first-aid</a></p>	<ul style="list-style-type: none"> <li>• # of MHFA for Older Adults courses offered (baseline: 0, 2018)</li> <li>• # of MHFA courses sponsored by Carle BroMenn Medical Center (baseline: 3 courses –McLean County MHFA Collaborative, 2018)</li> <li>• # of MHFA courses sponsored by OSF St. Joseph Medical Center (baseline: 3 courses for the community and 4 for employees – McLean County MHFA Collaborative, 2018)</li> <li>• # of McLean County community members trained in MHFA per year (baseline: 736 community members, McLean County MHFA Collaborative, 2018)</li> <li>• # of instructors trained to teach MHFA</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022:</b> 3 courses <b>2021:</b> 1 course <b>2020:</b> 0 courses</li> <li>• <b>2022:</b> 4 courses <b>2021:</b> 3 courses <b>2020:</b> 0 courses due COVID-19 restrictions; all hospital conference rooms were utilized as break rooms for staff to enable social distancing</li> <li>• <b>2022:</b> 4 courses <b>2021:</b> 3 courses <b>2020:</b> 2 courses</li> <li>• <b>2022:</b> 235 community members <b>2021:</b> 327 community members <b>2020:</b> 131 community members</li> <li>• <b>2022:</b> 0 new instructors and 4 current instructors certified to teach virtual and hybrid courses</li> </ul>



			<p><b>2021:</b> 16 instructors (8 youth instructors and 8 adult instructors)  <b>2020:</b> 1 new instructor and 4 current instructors certified to teach virtual and hybrid courses</p>
		<p><b><u>Intervention 1.1: Outcome Indicators</u></b></p>	<p><b><u>Intervention 1.1 Outcomes</u></b></p>
		<ul style="list-style-type: none"> <li>• % of MHFA course participants that “Agree” or “Strongly Agree” that they are More Confident About Being Aware of Their Own Views &amp; Feelings About Mental Health Problems &amp; Disorders (baseline: 96% of survey respondents- McLean County MHFA Collaborative, 2018)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022:</b> 96.5% of course participants  <b>2021:</b> 98.6% of course participants  <b>2020:</b> 100 % of course participants</li> </ul>
		<ul style="list-style-type: none"> <li>• % of MHFA follow-up survey participants that still feel prepared to assist a person who may be dealing with a mental health problem or crisis to seek professional help (baseline: 72.6%, McLean County MHFA Collaborative, 2018)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022:</b> 91% of participants reported feeling very prepared or prepared  <b>2021:</b> follow-up survey not conducted  <b>2020:</b> follow-up survey not conducted</li> </ul>
		<ul style="list-style-type: none"> <li>• % of MHFA follow-up survey participants that feel prepared to ask a person whether s/he is considering killing her/himself (baseline: 72.6%, McLean County MHFA Collaborative, 2018)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022:</b> 62% reported “I am willing and confident”, 29% reported “I am willing but would feel uncomfortable”</li> </ul>

			<p><b>2021:</b> follow-up survey not conducted in 2021</p> <p><b>2020:</b> follow-up survey not conducted in 2020</p>
	<p><b><u>Intervention 1.2: Offer National Alliance on Mental Health (NAMI) <i>Ending the Silence</i> in McLean County Public Schools (evidence-based program)</u></b></p> <p><i>Evidence:</i>  <a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/universal-school-based-suicide-awareness-education-programs">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/universal-school-based-suicide-awareness-education-programs</a></p>	<p><b><u>Intervention 1.2: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li># of public schools in McLean County where Ending the Silence is implemented (baseline: 17 public schools, Project Oz, 2018)</li> </ul>	<p><b><u>Intervention 1.2 Outcomes</u></b></p> <ul style="list-style-type: none"> <li><b>2022:</b> 16 public schools (There was a temporary reduction in services due to staff capacity. All schools will be served going forward due to additional funding to increase capacity for this program.)</li> <li><b>2021:</b> 20 public schools</li> <li><b>2020:</b> 20 public schools</li> </ul>
		<ul style="list-style-type: none"> <li># of students in McLean County public schools participating in Ending the Silence (baseline: 3,120 students, Project Oz, 2018)</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 3,162 students</li> <li><b>2021:</b> 3,317 students</li> <li><b>2020:</b> 2,748 students</li> </ul>
		<p><b><u>Intervention 1.2: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>% of Ending the Silence student participants agreeing with the following statement, “As a result of this presentation, I know how to help myself or a friend if I notice any of the warning signs” (baseline: 97% of students, Project Oz, 2018)</li> </ul>	<p><b><u>Intervention 1.2 Outcomes</u></b></p> <ul style="list-style-type: none"> <li><b>2022:</b> 91% of students</li> <li><b>2021:</b> 89% of students</li> <li><b>2020:</b> 94% of students</li> </ul>
		<ul style="list-style-type: none"> <li>% of Ending the Silence student participants agreeing with the following</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 90% of students</li> <li><b>2021:</b> 90% of students</li> </ul>

		statement, "I know the early warning signs of mental illness" (baseline: 96% of students, Project Oz, 2018)	<b>2020:</b> 94% of students
		<ul style="list-style-type: none"> <li>% of students reaching out for help as a direct result of Ending the Silence presentations (baseline: 13% of 2,179 students, Project Oz, Fall semester, 2018)</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 14.8% of students</li> <li><b>2021:</b> 12.2% of students</li> <li><b>2020:</b> 10% of students</li> </ul>
	<b><u>Intervention 1.3: Convene an Annual Behavioral Health Forum for the Community</u></b>	<b><u>Intervention 1.3: Process Indicators</u></b>	<b><u>Intervention 1.3 Outcomes</u></b>
		<ul style="list-style-type: none"> <li># of community members attending the forum (baseline: 200 community members, McLean County Government, 2018)</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 25 sessions for 258 participants</li> <li><b>2021:</b> January - May: 19 sessions with 288 participants (continuation of 2020 forum); October - November – 7 sessions with 142 participants (2021 forum). Both were held virtually due to COVID-19.</li> <li><b>2020:</b> 117 community members participated in 3 virtual sessions held in November and December 2020. Forum switched to virtual due to COVID-19. Sessions offered until April 2021.</li> </ul>
		<b><u>Intervention 1.3: Outcome Indicators</u></b>	
		<ul style="list-style-type: none"> <li>Not available</li> </ul>	
	<b><u>Intervention 1.4: Develop a collaborative of organizations committed to creating a</u></b>	<b><u>Intervention 1.4: Process Indicators</u></b>	<b><u>Intervention 1.4 Outcomes</u></b>

	<p><b><u>trauma informed community and taking steps towards becoming trauma informed</u></b></p> <p><i>Evidence:</i></p> <p><a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/trauma-informed-schools">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/trauma-informed-schools</a></p>	<ul style="list-style-type: none"> <li>Form a trauma collaborative</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> Developed purpose, mission &amp; vision, formed 2 subcommittees; training and data, developed training materials and infographics</li> <li><b>2021:</b> The large workgroup and four subcommittees continued to meet to advance the County-wide Trauma Informed &amp; Resilience Oriented Initiative. Subcommittees worked on developing goals, timelines and metrics</li> <li><b>2020:</b> Trauma Informed and Resilience Collaborative formed in December 2020</li> </ul>
		<ul style="list-style-type: none"> <li>Identify a mechanism or process to track trauma informed efforts</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> TBD</li> <li><b>2021:</b> TBD</li> <li><b>2020:</b> TBD</li> </ul>
		<p><b><u>Intervention 1.4: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>Not available</li> </ul>	
	<p><b><u>Intervention 1.5: Conduct a Behavioral Health Social Media Campaign</u></b></p>	<p><b><u>Intervention 1.5: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li># of individuals reached on Facebook (baseline: 40,692 individuals, McLean County Health Department, 2018)</li> </ul>	<p><b><u>Intervention 1.5 Outcomes</u></b></p> <ul style="list-style-type: none"> <li><b>2022:</b> 4,860 individuals (messages not posted every month in 2022)</li> <li><b>2021:</b> 2,689 individuals</li> </ul>

	<p>Bi-monthly social media messages will be posted with collaborating agencies being tagged to share the same message.</p>		<p>(data is for January and October – December 2021 due to staffing changes at posting organization)  <b>2020:</b> 37,287 individuals; no posts in September and October</p>
	<ul style="list-style-type: none"> <li>• # of Facebook engagements (baseline: 1,153 engagements, McLean County Health Department, 2018)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022:</b> 177 engagements  <b>2021:</b> 1,000 engagements  <b>2020:</b> 876 engagements</li> </ul>	
	<ul style="list-style-type: none"> <li>• # of individuals reached on Twitter (baseline: 9,489 individuals, McLean County Health Department, 2018)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022:</b> 2,258 individuals  <b>2021:</b> 2,533 individuals  <b>2020:</b> 5,159 individuals; no posts in September and October</li> </ul>	
	<ul style="list-style-type: none"> <li>• # of Twitter engagements (124 engagements, McLean County Health Department, 2018)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022:</b> 53 engagements; LinkedIn messages were added at the end of 2021  -1,876 individuals reached, 185 engagements  <b>2021:</b> 58 engagements; LinkedIn messages were added October to December  -1,057 individuals reached, 59 engagements</li> </ul>	

			<b>2020:</b> 121 engagements
		<b>Intervention 1.5: Outcome Indicators</b>	
		<ul style="list-style-type: none"> <li>Not available</li> </ul>	
<b>IMPACT OBJECTIVE #2:</b>	<b>STRATEGY 2: SUPPORT DRUG AND ALCOHOL EDUCATIONAL PROGRAMS and COLLABORATIVE COALITIONS TO INCREASE KNOWLEDGE AND DECREASE SUBSTANCE USE</b>		
<b>By 2023, decrease the percent of McLean County residents reporting heavy or binge drinking and the use of any type of substance.</b>			
<b>BASELINE DATA</b>	<b>Intervention 2.1: Offer Too Good for Drugs in McLean County Public Schools (evidence-based program)</b>	<b>Intervention 2.1: Process Indicators</b>	<b>Intervention 2.1 Outcomes</b>
<ul style="list-style-type: none"> <li><b>50%</b> of 12th grade students reported that they have used any type of substance in the past year (Illinois Youth Survey, 2018)</li> <li><b>22.6%</b> of adults reported heavy or binge drinking (County Health Rankings, 2016)</li> <li><b>15%</b> of survey respondents reported using a substance one or more times/day (McLean County Community Health Survey, 2018)</li> <li><b>26%</b> of 12<sup>th</sup> grader students reported using electronic cigarettes 1 or more times in the past 30 days (Illinois Youth Survey, 2018)</li> </ul>	<p><b>Evidence:</b></p> <p><a href="http://www.toogoodprograms.org/too-good/evidence-base/">http://www.toogoodprograms.org/too-good/evidence-base/</a></p>	<ul style="list-style-type: none"> <li># of public-school districts in McLean County where Too Good for Drugs is implemented (baseline: 8 public school districts, Project Oz, 2018)</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 8 public school districts</li> <li><b>2021:</b> 7 public school districts (one district did not participate due to COVID-19 restrictions as well as a temporary decrease in program funding.)</li> <li><b>2020:</b> 7 public school districts; 1 district moved from fall to spring</li> </ul>
		<ul style="list-style-type: none"> <li># of students in McLean County public schools participating in Too Good for Drugs (baseline: 2,743 Project Oz, 2018)</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 2,650 students</li> <li><b>2021:</b> 2,473 students</li> <li><b>2020:</b> 2,363 students; 1 district had to drop a grade level due to logistical issues</li> </ul>

<ul style="list-style-type: none"> <li>18% of 12<sup>th</sup> grade students reported using marijuana 1 or more times in the past 30 days (Illinois Youth Survey, 2018)</li> <li>13.3 deaths/100,000 population are due to drug poisoning (Conduent Healthy Communities Institute, County Health Rankings, 2014-2016)</li> </ul>		<b>Intervention 2.1: Outcome Indicator(s)</b> <ul style="list-style-type: none"> <li>Average improvement in student pre and post-test scores for Too Good for Drugs (baseline: +2.55, Project Oz, 2018)</li> </ul>	<ul style="list-style-type: none"> <li>2022: +3.0 improvement</li> <li>2021: +2.67 improvement</li> <li>2020: 2.2 improvement; 3 of 4 quarters were remote learning</li> </ul>
	<b>Intervention 2.2: Form a Substance Use Coalition for McLean County and Support Community Groups Focused on Decreasing Substance Use</b>	<b>Intervention 2.2: Process Indicators</b> <ul style="list-style-type: none"> <li>Formation of coalition</li> </ul>	<b>Intervention 2.2 Outcomes</b> <ul style="list-style-type: none"> <li>2022: Same as below</li> <li>2021: Same as below</li> <li>2020: Local subject matter experts deemed that a coalition was not needed due to other coalitions already in place; Recovery Oriented Systems of Care Council, BN Parents, Recovery Starts Today Board and BN Community Campus Coalition</li> </ul>
		<b>Intervention 2.2: Outcome Indicators</b> <ul style="list-style-type: none"> <li>Not applicable</li> </ul>	
<b>IMPACT OBJECTIVE #3</b>  By 2023, increase access to behavioral health services in McLean County.  <b>BASELINE DATA</b> <ul style="list-style-type: none"> <li>10% of McLean County residents reported that they needed</li> </ul>	<b>STRATEGY 3: INCREASE ACCESS TO BEHAVIORAL HEALTH SERVICES AT VARIOUS SITES WITHIN THE COMMUNITY</b>  <b>Intervention 3.1: Support on-site or integrated behavioral health at primary care offices</b>  <i>Evidence:</i>	<b>Intervention 3.1: Process Indicators</b> <ul style="list-style-type: none"> <li># of organizations that have integrated or co-located behavioral health services at primary care locations (baseline: 3 organizations; Carle Physician Group Behavioral Health – 1 site at Carle)</li> </ul>	<b>Intervention 3.1 Outcomes</b> <ul style="list-style-type: none"> <li>2022: same as 2020</li> <li>2021: same as 2020</li> <li>2020: 3 organizations, 8 sites</li> </ul>



<p>counseling and were not able to get it (McLean County Community Health Survey, 2018)</p>	<p><a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/behavioral-health-primary-care-integration">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/behavioral-health-primary-care-integration</a></p>	<p>BroMenn Outpatient Center, Chestnut Family Health Center, 6 sites OSF Medical Group Primary Care Offices, 2019)</p>	
		<p><b>Intervention 3.1: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>Not available</li> </ul>	
	<p><b>Intervention 3.2: Support Telepsychiatry</b></p> <p><i>Evidence:</i></p> <p><a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/telemental-health-services">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/telemental-health-services</a></p>	<p><b>Intervention 3.2: Process Indicators</b></p> <ul style="list-style-type: none"> <li>Establish a baseline for the # of sites where telepsychiatry is available</li> </ul>	<p><b>Intervention 3.2 Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2022:</b> 8 sites; locations the same as 2020 <b>2021:</b> 8 sites; locations the same as 2020 <b>2020:</b> 8 sites, Carle BroMenn Medical Center, Carle BroMenn Behavioral Health – 2 locations, McLean County Center for Human Services, Chestnut Health Systems, Center for Youth and Family Solutions, OSF HealthCare St. Joseph Medical Center, McLean County Jail</li> </ul>
		<ul style="list-style-type: none"> <li>Establish a baseline of the # of people receiving services via telepsychiatry</li> </ul>	<p><b>2022:</b> Total of at least 1,332 individuals; (Return to in-person services for many organizations in 2022) 58 youth with 120 hours - <i>Center for Youth and Family Solutions</i></p>

			<p>191 people and 340 services – <i>McLean County Center for Human Services</i> 43.5 hours - <i>Carle BroMenn Medical Center</i>; # of patients not available 999 unique patients with 5,154 visits <i>Carle BroMenn Behavioral Health</i> 84 patients received 696 remote/virtual psychiatry – <i>Chestnut Family Health Center</i> 2,653 remote visits – (2254 adults, 381 pediatrics) <i>OSF Medical Group Behavioral Health</i>. <b>2021:</b> Total of at least 1,979 individuals; 56 youth – <i>Center for Youth and Family Solutions</i> 578 people and 1,322 services – <i>McLean County Center for Human Services</i> 128 hours - <i>Carle BroMenn Medical Center</i>; # of patients not available (In 2021,</p>
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			<p>services were provided in-person with the exception of COVID + patients)</p> <p>892 unique patients with 2,992 visits <i>Carle BroMenn Behavioral Health</i></p> <p>439 patients received 1,108 remote/virtual psychiatry – <i>Chestnut Family Health Center</i></p> <p>2,877 remote visits – <i>OSF Medical Group Behavioral Health</i></p> <p><b>2020:</b> Total of at least 2,634 individuals; 64 people – <i>Center for Youth and Family Solutions</i>, 619 people – <i>McLean County Center for Human Services</i> from 3/16/20 – 12/31/20, 528 hours - <i>Carle BroMenn Medical Center</i>; # of patients not available, 1,535 individuals from 7/1/20 – 12/31/20 <i>Carle BroMenn Behavioral Health</i> –, 406 individuals <i>Chestnut Family Health Center</i> , 10 individuals</p>
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			<i>OSF Medical Group Behavioral Health</i>
		<b><u>Intervention 3.2: Outcome Indicator(s)</u></b> <ul style="list-style-type: none"> <li>Not available</li> </ul>	
	<b><u>Intervention 3.3: Support Frequent Users System Engagement (FUSE)</u></b>  FUSE is a program designed to break the cycle of homelessness and crisis among individuals with complex medical and behavioral health challenges who are intersecting the justice, homeless or emergency systems of care frequently.  <b><i>Evidence:</i></b> Innovative Pilot Program for McLean County	<b><u>Intervention 3.3: Process Indicators</u></b> <ul style="list-style-type: none"> <li># of FUSE participants (baseline: 2 participants in 2019)</li> </ul>	<b><u>Intervention 3.3 Outcomes</u></b> <ul style="list-style-type: none"> <li><b>2022:</b> 13 participants  <b>2021:</b> Average of 10 participants  <b>2020:</b> 8 participants; 6 active participants</li> </ul>
		<b><u>Intervention 3.3: Outcome Indicators</u></b> <ul style="list-style-type: none"> <li>Decrease in emergency room usage</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 47 ER contacts pre-FUSE FUSE (18 months prior to joining FUSE) versus 8 ER contacts post-FUSE  <b>2021:</b> 60 mental health ED visits pre-FUSE (18 months prior to joining FUSE) versus 13 mental health ED visits post-FUSE  <b>2020:</b> The 6 active participants had a combined total of 33 ER visits in the 18 months prior to becoming FUSE participants. Since joining FUSE, the 6 participants have a combined total of 2 ER visits.</li> </ul>

		<ul style="list-style-type: none"> <li>Reduction in jail bed days (At present time, justice contact for participants is being reported in terms of “number of justice contacts.”)</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 44 jail contacts pre-FUSE FUSE (18 months prior to joining FUSE) versus 3 jail contacts post-FUSE</li> <li><b>2021:</b> 46 justice contacts pre-FUSE (18 months prior to joining FUSE) versus 8 justice contacts post-FUSE</li> <li><b>2020:</b> In the 18 months prior to joining FUSE, the 6 active FUSE participants had a combined total of 26 justice contacts. Since joining FUSE, the 6 active participants have a combined total of 6 justice contacts. It should be noted that most participants have had no justice contact since joining FUSE, 1 participant has had only 1 justice contact, and 1 participant has had 5 justice contacts.</li> </ul>
		<ul style="list-style-type: none"> <li>Decrease in shelter bed days</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 29 shelter contacts pre-FUSE (18</li> </ul>

			<p>months prior to joining FUSE) versus 1 shelter contact post-FUSE</p> <p><b>2021:</b> 2,502 shelter bed days pre-FUSE (18 months prior to joining FUSE) versus 662 shelter bed days post-FUSE</p> <p><b>2020:</b> In the 18 months prior to joining FUSE, the 6 active participants had a combined total of 1,006 shelter bed days and an average of 167.66 days per participant. One FUSE participant became housed before becoming a FUSE participant and the other 5 active participants have all become housed since, resulting in all 6 no longer being homeless.</p>
		<ul style="list-style-type: none"> <li>• Improvement in The Daily Living Activities – 20 (DLA20) outcome</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022:</b> refer to 2021 below</li> <li>• <b>2021:</b> DLA–20 data is no longer included as it was found to be more beneficial on an individual level and not</li> </ul>

			<p>comparable to previous time periods due to patients taking the assessment at different time periods.</p> <p><b>2020:</b> Given the intervals in which the DLA20 is administered, only 4 of the 6 active participants have more than one DLA20 score for comparison. Three of the four with comparison scores have remained stable or improved; the fourth individual had a minimal decline in functioning, represented by a 0.2 reduction in average scores over a 7-month period.</p>
	<p><b><u>Intervention 3.4: Support the 24/7 Triage Center</u></b></p> <p>The Triage Center is a 24/7 walk-in option for individuals experiencing a behavioral health crisis.</p> <p><b><i>Evidence:</i></b></p> <p>Innovative Pilot Program for McLean County</p>	<p><b><u>Intervention 3.4: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li>Referral source</li> </ul>	<p><b><u>Intervention 3.4 Outcomes</u></b></p> <ul style="list-style-type: none"> <li><b>2022:</b> <ul style="list-style-type: none"> <li>57% self</li> <li>9% other</li> <li>12% friends/family</li> <li>5% law enforcement</li> <li>1% hospitals</li> <li>13% PATH</li> <li>1% Chestnut</li> <li>2% mobile crisis</li> </ul> </li> </ul>



			<p><b>2021:</b>  61% self  15% other  7% friends/family  6% law enforcement  5% hospitals  3% PATH  2% Chestnut  1% mobile crisis</p> <p><b>2020:</b>  31% self  13% other  11% friends/family  16% law enforcement  5% hospitals  5% PATH  4% Chestnut  16% mobile crisis  4% bus ads</p>
		<ul style="list-style-type: none"> <li>• Length of time in Triage Center</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022:</b> 141 minutes  <b>2021:</b> 87 minutes  <b>2020:</b> 115 minutes</li> </ul>
		<ul style="list-style-type: none"> <li>• Disposition – <ul style="list-style-type: none"> <li>○ # sent home</li> <li>○ # sent to ER</li> <li>○ # sent to shelter</li> <li>○ # sent to Crisis Stabilization Unit</li> <li>○ # referred to outpatient options</li> </ul> </li> <li>○ # sent home</li> <li>○ # sent to ER</li> <li>○ # sent to shelter</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022 Disposition:</b>  325 individuals  NA  8 individuals  NA  0 individuals</li> <li><b>2021 Disposition:</b>  257 individuals  30 individuals  19 individuals</li> </ul>

		<ul style="list-style-type: none"> <li>○ # sent to Crisis Stabilization Unit</li> <li>○ # referred to outpatient options</li>   <li>○ # sent home</li> <li>○ # sent to ER</li> <li>○ # sent to shelter</li> <li>○ # sent to Crisis Stabilization Unit</li> <li>○ # referred to outpatient options</li> </ul>	<p>2 individuals Data not available</p> <p><b>2020 Disposition:</b> 25 individuals 11 individuals 8 individuals 2 individuals Data not available</p>
		<ul style="list-style-type: none"> <li>● Demographics of population utilizing Triage Center</li> </ul>	<ul style="list-style-type: none"> <li>● <b>2022: Age</b> 10% 18 – 21 years 14% 22 – 30 years 22% 31 – 40 years 36% 41 – 50 years 6% 51 – 60 years 11% 61 – 70 years 1% 71 – 80 years</li> <li>● <b>2022: Race/ethnicity</b> 73% White 18% Black or African American 6% Hispanic or Latino 3% Asian</li> <li>● <b>2021: Age</b> 6% 18 – 21 years 16% 22 – 30 years 16% 31 – 40 years 45% 41 – 50 years 13% 51 – 60 years 3% 61 – 70 years 1% 71 – 80 years</li> <li>● <b>2021 Race/ethnicity:</b></li> </ul>

			<p>83% White  13% Black or African American  3% Hispanic or Latino  1% Asian</p> <p><b>2020: Age</b>  36% 20 – 29 years  41% 30 - 39 years  10% 40 – 49 years  13% 50 – 59 years  *note different age ranges than 2021 and 2022</p> <p><b>2020: Race/ethnicity</b>  NA</p>
		<ul style="list-style-type: none"> <li>• Frequency of use by individuals</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022:</b> 59% of individuals had 1 visit, 22% had 2 visits and 19% had 3+ visits  <b>2021:</b> 67% of individuals had 1 visit; 17% had 2 visits; 16% had 3+ visits  <b>2020:</b> 74% of individuals had 1 visit; 14% had 2 visits; 12% had 3+ visits</li> </ul>
		<ul style="list-style-type: none"> <li>• Law enforcement transportation to Triage Center</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022:</b> 18 individuals transported by law enforcement;  61% Bloomington Police  33% Normal Police  5.5% ISU Police</li> </ul>

			<p><b>2021:</b> 24 individuals transported by Law Enforcement; 67% Bloomington Police, 17% Normal Police 17% McLean County Sheriff</p> <p><b>2020:</b> 10 individuals transported by Law Enforcement; 80% Bloomington Police, 20% Normal Police</p>
		<ul style="list-style-type: none"> <li>Usage per day/time</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> <u>Percent of individuals visiting:</u>  Monday – 13% Tuesday – 17% Wednesday – 16% Thursday – 18% Friday – 16 % Saturday – 11 % Sunday – 9% <u>Percent of individuals visiting from:</u> 7:30 am – 12:30 pm – 30 % 12:30 pm – 5:30 pm – 34% 5:30 pm – 10:30 pm – 25%</li> </ul>

10:30 pm – 3:30 am – 11% (note different timeframes than 2021 and 2022)

**2021: Percent of Individuals visiting:**

Monday – 15%  
Tuesday – 14%  
Wednesday – 16%  
Thursday – 17%  
Friday – 17%  
Saturday – 10%  
Sunday – 11%

**Percent of individuals visiting from:**

7:30 am – 11:30 am – 36%  
11:30 am – 3:30 pm – 39%  
3:30 pm – 7:30 pm – 18%  
7:30 pm – 11:30 pm – 6%  
11:30 pm – 3:30 am – 0.02%

• **2020: Percent of Individuals visiting:**

Monday – 14%  
Tuesday – 18%  
Wednesday – 14%  
Thursday – 18%  
Friday – 16%  
Saturday – 11%

			Sunday – 9% <u>Percent of individuals visiting from:</u> 7:30 am – 12:30 pm – 38% 12:30 – 5:30 pm – 34% 5:30 – 10:30 pm – 21% 10:30 pm – 3:30 am – 7 %
		<b><u>Intervention 3.4: Outcome Indicator(s)</u></b> <ul style="list-style-type: none"> <li>TBD</li> </ul>	
	<b><u>Intervention 3.5: Conduct a Community Behavioral Health Gap in Services Assessment for McLean County</u></b>  The purpose of the behavioral health gap in services assessment is to determine current strengths, needs and service gaps in McLean County, specifically related to mental health and substance use services.	<b><u>Intervention 3.5: Process Indicators</u></b> <ul style="list-style-type: none"> <li># of community members completing the survey</li> </ul>	<b><u>Intervention 3.5 Outcomes</u></b> <ul style="list-style-type: none"> <li><b>2022:</b> Survey conducted in 2020</li> <li><b>2021:</b> Survey conducted in 2020</li> <li><b>2020:</b> 253 community members</li> </ul>
		<ul style="list-style-type: none"> <li># of providers completing the survey</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> Survey conducted in 2020</li> <li><b>2021:</b> Survey conducted in 2020</li> <li><b>2020:</b> 6 interviews with providers were conducted</li> </ul>
		<ul style="list-style-type: none"> <li># of school individuals in the school system completing the survey</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> Survey conducted in 2020</li> <li><b>2021:</b> Survey conducted in 2020</li> <li><b>2020:</b> School based clinicians from 5</li> </ul>

			different Unit 5 schools completed the questionnaire.
		<ul style="list-style-type: none"> <li># of focus groups conducted</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> See 2020 below</li> <li><b>2021:</b> See 2020 below</li> <li><b>2020:</b> Focus groups were not conducted due to COVID</li> </ul>
		<b><u>Intervention 3.5: Outcome Indicator(s)</u></b> <ul style="list-style-type: none"> <li>Not applicable</li> </ul>	
	<b><u>Intervention 3.6: Offer PEARLS to McLean County Older Adults in the home</u></b> The Program to Encourage Active, Rewarding Lives (PEARLS) is a national evidence-based program for late-life depression. PEARLS brings high quality mental health care into community-based settings that reach vulnerable older adults.	<b><u>Intervention 3.6: Process Indicators</u></b> <ul style="list-style-type: none"> <li># of persons served (baseline: 17 older adults, FY2018, Community Care Systems, Inc.)</li> <li># of units/hours for individuals in PEARLS (71 hours, FY2018, Community Care Systems, Inc.)</li> </ul>	<b><u>Intervention 3.6: Outcomes</u></b> <ul style="list-style-type: none"> <li><b>2022:</b> 47 persons</li> <li><b>2021:</b> 54 persons</li> <li><b>2020:</b> 37 persons</li> <li><b>2022:</b> 666 units/hours</li> <li><b>2021:</b> 654 units/hours</li> <li><b>2020:</b> 424 units/hours</li> </ul>
	<b><i>Evidence:</i></b>  <a href="https://depts.washington.edu/hprc/evidence-based-programs/pearls-program/pearls-evidence/">https://depts.washington.edu/hprc/evidence-based-programs/pearls-program/pearls-evidence/</a>	<b><u>Intervention 3.6: Outcome Indicator(s)</u></b> <ul style="list-style-type: none"> <li>TBD</li> </ul>	
	<b><u>Intervention 3.7: Support Embedded Behavioral Health in Schools</u></b> Defined as a community agency providing services through a school setting in McLean County. Community agency can bill Medicaid or Medicare.	<b><u>Intervention 3.7: Process Indicators</u></b> <ul style="list-style-type: none"> <li>Number of school districts with embedded behavioral health in schools (baseline: 4 school districts, Center for Human Services and Chestnut Health Systems, 2019)</li> </ul>	<b><u>Intervention 3.7 Outcomes</u></b> <ul style="list-style-type: none"> <li><b>2022: 5 school districts</b></li> </ul> <b><i>Chestnut Health Systems</i></b> <u>McLean County Unit 5 – Normal Community High</u>



School and Olympia  
CUSD #16 – High  
School/Junior High  
School

***McLean County Center  
for Human Services***

Bloomington District 87:

Bloomington High  
School, Bloomington  
Junior High School,  
Bent Elementary School,  
Irving Elementary  
School, Oakland  
Elementary School,  
Sarah Raymond School  
of Early Education,  
Sheridan Elementary  
School, Stevenson  
Elementary School,  
Washington Elementary  
School

McLean County Unit 5:

Normal West High  
School, Chiddix Junior  
High School, Evans  
Junior High School,  
Kingsley Junior High  
School, Parkside Junior  
High School, Fox Creek  
Elementary School,  
Oakdale Elementary  
School

Olympia CUSD 16:  
Olympia High School,  
Olympia Middle School,  
Olympia North  
Elementary School,  
Olympia - South  
Elementary School,  
Olympia - West  
Elementary School

- **2021:** 5 school districts

***Chestnut Health  
Systems-*** McLean  
County Unit 5,  
Ridgeview CUSD #19,  
Olympia CUSD #16, Tri  
Valley CUSD and  
Regional Alternative  
School

***McLean County Center  
for Human Services***  
McLean County Unit 5:  
Parkside Junior High  
School, Fox Creek  
Elementary School,  
Kingsley Junior High  
School and Oakdale  
Elementary School  
continued from previous  
year.

			<p>Programs were initiated at Evans Junior High School, Chiddix Junior High School, and Normal West High School during the summer.</p> <p>Olympia CUSD #16,</p> <p><u>Bloomington District 87:</u> Bloomington High School, Bloomington Junior High School, Irving Elementary School, and Sheridan Elementary School continued through all of 2021. Programs at all other elementary schools in the district were reinstated during the summer.)</p> <ul style="list-style-type: none"><li>• <b>2020:</b> 5 school districts</li></ul> <p><b><i>Chestnut Health Systems-</i></b> McLean County Unit 5, Ridgeview CUSD #19, Olympia CUSD #16, Tri Valley CUSD #3; 2 schools - Regional Alternative School and YouthBuild</p>
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			<p><b>McLean County Center for Human Services –</b>  McLean County Unit 5,  Olympia CUSD #16,  Bloomington District 87</p>
		<ul style="list-style-type: none"> <li>• Number of students receiving counseling services in school setting through Embedded Behavioral Health in Schools  (baseline: 406 students, 2019)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022:</b> 922 total students (<i>Chestnut Health Systems – 102 students and McLean County Center for Human Services - 820 students</i>)  <b>2021:</b> 928 students total (<i>Chestnut Health Systems– 227 students, McLean County Center for Human Services – 701 students</i>)  <b>2020:</b> 521 students total (<i>Chestnut Health Systems– 180 students, McLean County Center for Human Services – 341 students</i>)</li> </ul>
		<p><b><u>Intervention 3.7 Outcome Indicator</u></b></p> <ul style="list-style-type: none"> <li>• Not available</li> </ul>	

## RELATED IMPROVEMENT PLAN ACCOMPLISHMENTS

### Calendar Year 2022

- In 2022, The Center for Human Services, in partnership with Heartland Community College, began offering Recovery Support Specialist coursework to promote the inclusion of those with lived experiences into workforce development. After completing the coursework, the student is eligible to attend the Learning Lab in conjunction with a clinical practicum. The Learning Lab provides evidence-based training programs and support to individuals who identify as being in recovery from a substance use disorder or mental health condition.
- In 2022 the McLean County Government Behavioral Health Council:
  - completed the Mental Health Action Plan Update
  - completed the Tri-West Crisis System Report
  - issued an RFP and accepted one for the creation of a Behavioral Health Crisis Program: Behavioral Health Urgent Care by the McLean County Center for Human Services
  - issued an RFP and accepted one for the opening of Bridge Academy.
- The McLean County AOK Network partnered with Carle Behavioral Health - Bloomington to provide two webinars in September and November 2022 to parents and health and human service providers. The focus of the webinars was on helping children work through unpleasant thoughts and feelings that come with anxiety and helping them after the pandemic.
- In 2022, Carle Behavioral Health - Bloomington added two child psychiatrists, one psychiatrist for adults and an advanced practice nurse to the practice. All four positions are new and provide an increase in access to behavioral health services in the community.
- In 2022, 143 people utilized SilverCloud, an online platform to assist those with depression, anxiety, and stress, through OSF St. Joseph Medical Center. Every patient was connected with a behavior health navigator for additional care.
- In 2022, Carle Behavioral Health - Bloomington and United Way collaborated to increase rural access to behavioral health services for kindergarten through twelfth grade students in Ridgeview, Lexington and Olympia schools.
- In 2022 PATH Inc. was the recipient of the State's Program 400 grant to provide 988 (previously known as the National Suicide Prevention Lifeline) call center services to a primary coverage area of 85 counties in Illinois (including McLean County) and backup to the rest of the state.
- In 2022 PATH Inc. was one of the recipients of the State's Program 401 grant designed to help existing Lifeline provider call centers to expand staffing.
- In March 2022, Carle BroMenn Medical Center Addiction and Recovery began incorporating medically assisted recovery (MAR) visits into the program. This is the last step for Carle in offering a complete regimen of services across the continuum of addiction medicine: inpatient detox, partial hospitalization, intensive outpatient, after care/continuing care and medically assisted recovery.
- Carle BroMenn's emergency department is designated by the state of Illinois as a sexual assault treatment center for ages 13 years old and older. The goal of the emergency department is to help sexual assault survivors feel supported and safe by making sure the right person is caring for them. In September 2022, Carle BroMenn Medical Center began providing SANE coverage in the emergency department 24/7. SANE stands for sexual assault nurse examiner. A Sexual Assault Nurse Examiner is a registered nurse who has received special training so they can provide comprehensive care to sexual assault victims. The trained nurses

complete at a minimum of 40 hours of classes and 60 hours of clinical observation. In addition they are able to conduct a forensic exam and may provide expert testimony if a case goes to trial.

- In August 2022, Carle BroMenn Medical Center added registered nurses, specializing in behavioral health, to the emergency department. A new approach for care delivery was necessary to care for the complex behavioral health patient population. The nurses are skilled in crisis stabilization, psychiatric emergencies and verbal de-escalation.

- Project Oz:

#### Youth Empowered Schools (YES)

- In 2022 Project Oz had restorative school counselors in the following schools: Normal Community High School, Normal West High School, Bloomington High School, Bloomington Junior High School, Sheridan Elementary School and Irving Elementary School. The YES staff reached over 5,000 brief counseling sessions, provided intensive support for 344 students, facilitated almost 300 mediations or restorative circles, engaged families through 94 home visits, and provided training and support in restorative practices for school staff and parents/guardians. Restorative school counselors offer individual counseling/mentoring, family outreach, and training and leadership through restorative practices. The program helps students succeed in school, resolve conflicts, overcome challenges and build positive community connections.

#### Services for Homeless and Runaway Youth

- Project Oz continued to respond to increased youth needs as a result of the increasingly competitive housing market and financial/social disruptions of the COVID-19 pandemic. In 2022 Project Oz responded to over 100 crisis calls, provided over 1,000 nights of emergency shelter and distributed over 2,000 basic needs items (food, warm clothing, hygiene items, bus passes, etc.). Project Oz also provided safe, supported transitional housing for 36 young people, along with their 21 accompanying children.
- Project Oz successfully renewed their state Homeless Youth grant, which funds the emergency shelter for youth ages 18-23, street outreach services, and six transitional living beds. Project Oz also successfully renewed their federal Transitional Living grant, which funds another 9 transitional living beds each year.
- Project Oz added a new Safe Place location at The Junction, in collaboration with Home Sweet Home Ministries. Other local Safe Place locations include Bloomington Public Library, all fire stations, and all Connect Transit Buses. Safe Place helps extend the doors of Project Oz out into the community.

#### Ending the Silence Mental Health/Suicide Awareness Program

- In late 2022, funding was secured to add a full-time mental health prevention specialist to assist with the Ending the Silence program. This will increase sustainability of this program by allowing sufficient time for all the tasks related to providing this program at all junior high schools and high schools in the county.

**The following organizations received grants in 2022 for implementation in 2022/2023 or FY23 (May 1, 2022– April 30, 2023) from the John M. Scott Health Care Commission. Although the grants are tied to the health priorities selected for the 2019 McLean County Community Health Needs Assessment, the grant programs will also apply to the 2022 McLean County Community Health Needs Assessment and 2023 – 2025 McLean County Community Health Improvement Plan as the health priorities are the same. The data below is for May 1, 2022 – October 31, 2022 from the John M. Scott Health Care Commission mid-term reports submitted by grantees.**

- Youthbuild of McLean County received a grant for to support adolescent well-being through mental health wrap-around services, including on-site care 60 people were served during the above timeframe.
- The Baby Fold received a grant to support childhood well-being through evidenced-based, trauma-informed, and family-centered education and related services to reduce the risk of abuse or neglect; 14 people were served during the above timeframe.
- The Boys and Girls Club of Bloomington-Normal received a grant to support mental health services to children; 120 people were served during the above timeframe.
- The Center for Youth and Family Solutions received a grant to support family behavioral health services, including telepsychiatry; 264 people were served during the above timeframe.
- Integrity Counseling received a grant to support mental health services to the uninsured and underinsured; 187 people were served during the above timeframe.

#### **Calendar Year 2021**

- On November 3, 2021, the McLean County Mental Health First Aid Collaborative, led by the McLean County Health Department, conducted the first Older Adult Mental Health First Aid Class in McLean County. The class was hosted by Carle BroMenn Medical Center and held at the Carle Health and Fitness Center.
- District 87 had 105 staff trained in Youth Mental Health First Aid in 2021 through the McLean County MHFA Collaborative.
- The McLean County MHFA Collaborative hosted 21 courses in 2021.
- In 2021, District 87 added a family facilitator to two schools. One facilitator was added at Bloomington Junior High School and two were added at Bloomington High School. The facilitators work to encourage and educate students and families on the importance of attendance with incentives and direct support.
- In 2021, District 87 implemented a wraparound team in each of the buildings in the district. This approach has ensured that every student who has a social, emotional or mental health need is serviced in a quick, systematic and intentional way.
- In 2021, Heartland Head Start organized a Trauma Informed Practices (TIP) Team as a step in becoming a trauma informed/responsive and resilient agency. Heartland Head Start's TIP Team is comprised of representatives from all of the agency's program options as well as community representatives. Staff is trained on trauma/mental health at every professional development meeting that is conducted. Heartland Head Start has facilitated their own training and have had trainers from the community as well as nation-wide. The agency's mental health consultants also offer (monthly or 9-10 times a year) training to staff and families.
- In 2021, Heartland Head Start sponsored a Mental Health First Aid training for families, staff and community members.
- Mclean County Health Department's Behavioral Health Program partnered with Heartland Head Start and participated in the 2021 Behavioral Health Training Institute (BHTI) through the National Council for Mental Wellbeing from January through July 2021. The BHTI allowed participants to attend webinars and discussions and gained access to resources surrounding topics at the intersection of public health and behavioral health.



- McLean County Health Department's Behavioral Health Program started the Intellectual and Developmental Disability (IDD) Collaborative in July 2021. The goal of this collaborative is to bring those impacted by IDD (e.g., agencies, stakeholders, family members, caregivers, supports and those with lived experience) together to help develop a collaborative system of supports and services. Behavioral health has already been a topic of interest to focus on in this collaborative as there is an intersection with Intellectual and developmental disabilities and behavioral health.
- McLean County Health Department's Behavioral Health Program has noticed a need to expand efforts externally with a focus on mental health, substance use, trauma-informed care and intellectual and developmental disability topics. Expansion on macro-level work involving these topics has already begun and will continue to be expanded in 2022.
- In 2021, Children's Home & Aid received a Family Violence Prevention and Services/ Specialized Services for Abused Parents and their Children Demonstration grant allowing expansion of clinical services for children impacted by violence. The program was formerly only able to serve Bloomington/Normal residents, but can now provide therapy services for children and families in McLean, Ford, Livingston, Logan, and Woodford counties.
- In 2021, Carle BroMenn Medical Center Addiction Recovery began offering Partial Hospitalization Programming (PHP) again in conjunction with Intensive Outpatient Programming (IOP) and After Care Programming. This is a group-based outpatient treatment that meets Monday through Friday for five hours per day. While programming is individualized, typical length of stay is 10 to 15 days. Patients learn core recovery principles, relapse prevention strategies and coping skills to implement into a recovery lifestyle. Family members can attend a scheduled session to assist in the recovery journey as a part of this program. Licensed therapists, dietitians, chaplains and members of the recovery community are available to assist patients with their recovery plans following partial hospitalization treatment.
- In August 2021, Carle BroMenn Medical Center's behavioral health therapists began hosting a weekly stroke support group at the Carle Health and Fitness Center. One support person was also permitted to participate. Curriculum was created around a holistic approach; with the addition of hosting medical and community experts on a scheduled basis. Direct referrals are made for all patients with a stroke diagnosis discharged from Carle BroMenn Medical Center's acute rehab unit or other area.
- On June 21, Carle BroMenn Medical Center and Eureka Hospital Delegate Church Association hosted a virtual meeting for the community. A presentation on mental health and resilience was given by a staff member at the McLean County Center for Human Resources. Carle BroMenn Medical Center donated eight registrations to Mental Health First Aid classes hosted by Carle BroMenn Medical Center and the Carle Health and Fitness Center in June and July 2021.
- In July 2021, Carle BroMenn Medical Center Behavioral Health began offering counseling services for patients of the Carle Cancer Institute and in May 2021 for hospital patients in Acute Rehab. Carle BroMenn Medical Center Acute Rehab Services treats patients who require inpatient rehabilitation services resulting from a variety of conditions including stroke, traumatic and non-traumatic brain and spinal cord injury, neurological disorders, hip fracture, amputation, burns, arthritis, joint replacement and other conditions.
- In 2021, OSF HealthCare employed a behavioral health navigator who assists patients with referrals to primary care providers and other services in the community.
- In 2021, OSF HealthCare provided SilverCloud, a secure, immediate access to on-line supported cognitive behavioral therapy programs for the community. SilverCloud focuses on improving depression and anxiety levels among adult individuals.
- In 2021, YWCA of McLean County Prevention Educators provided both virtual and in-person trainings, teaching Erin's Law and healthy relationship curriculums (K-12) along with sexual harassment trainings for adults in the community.
- In September, the Regional Office of Education (ROE) #17 created an introductory mental health training video for paraprofessionals in regional school districts.

- In November 2021, ROE #17 started an educator support group to support teachers' emotional well-being.
- In October 2021, ROE #17 assisted 7+ regional districts (4 within McLean County) to apply for Illinois State Board of Education (ISBE) funding to support social-emotional initiatives within their districts.
- In December 2021, ROE #17 began a monthly behavioral health professional development series.
- Project Oz:
  - Youth Empowered Schools Program
    - Received funds through a state R3 grant to expand restorative schools partnership with District 87, placing full-time, embedded restorative schools counselors in two elementary schools and one junior high school, bringing the total to six counselors between District 87 and Unit 5.
  - Services for Homeless Youth
    - Temporarily increased transitional living beds by 50%, and increased placements in emergency shelter by approximately 30%.
    - Participated in a national study conducted by the Family and Youth Services Bureau, which analyzed outcomes and helped identify best practices for providing transitional housing and related services to young people.
    - Worked with other providers across the country and the national Runaway and Homeless Youth Training and Technical Assistance Center to create a virtual training for youth workers covering best practices for youth who have experienced or are at-risk for trafficking and commercial sexual exploitation.
  - Ending the Silence
    - Created and shared a 10-minute video called "COVID-19: Navigating Quarantine and High School," featuring student interviews, educational content, the importance of healthy coping skills, and available resources.
- In 2021, Chestnut Health Systems received a two-year Substance Abuse and Mental Health Services Administration (SAMHSA) grant to support community mental health services. This grant enables Chestnut Health Systems to continue to provide mental health and substance use disorder treatment and recovery support programs for children and adults that have experienced economic setbacks as a result of the pandemic.
- As part of the SAMHSA grant above, Chestnut Health Systems is partnering with University of Colorado to provide supportive programming for staff around the 8 Dimensions of wellness. The goal is to increase the mental wellbeing of the staff. The programming began in 2021 and will continue until 2023.
- In 2021, Chestnut Health Systems received several grants to providing financial support for individuals who are at risk of homelessness. The first grant was provided by Molina (managed care) at the beginning of the pandemic. That grant also provided financial support to Home Sweet Home Ministries and the Boys and Girls Club. Additional funding is provided annually by the Department of Mental Health through the Continuum of Care.
- In 2021, Chestnut Health Systems partnered with Heartland Community College to develop a work ready program to train peer recovery support staff to work with individuals with mental health and/or substance use disorders. The program provided both the training hours (CEUs) and the opportunity for a yearlong apprenticeship so participants can qualify for their certification as a recovery support specialist. The program admitted its first cohort of students in the fall semester of the 2021-22 academic year.
- The McLean County Recovery-Oriented System of Care (ROSC) participated in the Racial Diversity in Recovery panel discussion and co-launched the Re-entry Council, which includes the Illinois State University Department of Criminal Justice, YWCA Labyrinth Outreach Services to Women, Treatment Alternatives for Safe Communities (TASC), Prairie State Legal Services and the Bloomington Public Library.

**The following organizations received grants for implementation in 2021 from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2019 McLean County Community Health Needs Assessment. The data below is for May 1 – October 31, 2021.**

- The Boys and Girls Club received a grant to provide mental health services to children of lower socioeconomic status; 107 people were served during the above timeframe.
- YouthBuild McLean County received a grant to support adolescent well-being through mental health wrap-around services, including on-site care; 20 people were served during the above timeframe.
- INtegrity Counseling received a grant to expand access to general mental health services, especially in high-need ZIP codes; 44 people were served during the above timeframe.
- Project Oz received a grant to support adolescent well-being including housing and crisis stabilization; 36 people were served during the above timeframe.
- The Center for Youth and Family Solutions received a grant for child, adolescent, & family behavioral health services, including telepsychiatry and sliding fee counseling; 264 people were served during the above timeframe.

**Calendar Year 2020**

- In December 2020, Bloomington District 87 was awarded a five-year Illinois Aware \$1.5 million grant. The grant enabled the district to expand on embedding mental health counselors in schools and provide training to teachers and staff in Mental Health First Aid.
- In October 2020, Carle BroMenn Medical Center opened a \$4.8 million newly renovated space for inpatient behavioral health. The hospital contributed \$4.35 million towards the renovation with the rest coming from private and corporate donations. With the new space configuration, capacity in the mental health area increased from 13 to 19 beds, providing greater access to services as the only inpatient mental health unit in McLean County. The Addiction Recovery service line provides inpatient medical detox as well as outpatient levels of treatment. The outpatient levels available include in person partial hospitalization, intensive outpatient and continuing care services. Additionally, an onsite Psychiatrist and Addictionologist provide consultation to the medical team for inpatient dual treatment needs.
- Project Oz received a Healing Illinois grant. Healing Illinois is a statewide initiative of the Illinois Department of Human Services in partnership with The Chicago Community Trust. Funds build on our existing Youth Empowered Schools (YES) program to expand the use of restorative practices and bring racial healing circles to students in McLean County.
- Project Oz partnered with the Federal Family and Youth Services Bureau (FYSB), the Illinois Department of Human Services, and the John M. Scott Health Care Commission to expand services for homeless and runaway youth in response to increased demand due to the COVID-19 pandemic. This included temporarily increasing capacity in the transitional living program by 50%, serving additional youth in the emergency shelter which ran at approximately double capacity for much of the year, providing emergency rent and utility assistance to help stabilize young people facing housing insecurity, and increasing outreach to ensure young people have the supplies needed to stay safe, including masks, hand sanitizer, and basic needs items (such as food, water, clothes, etc.).
- In January 2020 Project Oz's youth services staff participated in a six day Child and Youth Care Certification training provided by the federal Runaway and Homeless Youth Training and Technical Assistance Center (RHYTTAC). All staff who participated in the intensive training passed the exam, submitted required documentation, and are now "Certified Child and Youth Care Professionals". This training addressed the six core competencies for youth workers identified by the Federal Youth Services Bureau and builds on the individual experiences of those who work with children and youth to strengthen their knowledge and skills.

- In November and December 2020, United Way held a three-part behavioral health series at their Town Hall meeting focused on coping with COVID-19.
- The Recovery Oriented Systems of Care (ROSC) Council had several accomplishments in 2020. The council is made up of individuals representing a cross sector of McLean County including social service agencies, individuals with lived experience with substance use (SUD) or mental health (MH) disorders, health care, and local businesses. The accomplishments included launching three new community support groups for SUD, mental and behavioral health; 1) BRIDGES – family and new to treatment focus, 2) SMART - cognitive behavioral therapy focus and 3) LGBTQ+ - for those that identify as LGBTQ+. The ROSC Council also offered three behavioral health webinars to eradicate stigma; 1) Intimate Partner Violence, 2) Caregiver to Child Dynamics and 3) Relationships and Recovery as well as hosting a spirituality panel to introduce people to different spiritual pathways and how to get involved locally and nationally.
- In October 2020, the US Department of Housing and Urban Development awarded the City of Bloomington a \$2.3 million grant to remove lead paint and other hazardous materials in lead homes in Bloomington with a focus on ZIP Code 61701. Numerous organizations will work in collaboration with the city.

**The following organizations received grants for implementation in 2020 from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2019 McLean County Community Health Needs Assessment. The data below is for June 1, 2020 – December 31, 2020.**

- The McLean County Center for Human Services received a grant for the continuation of psychiatric services; 649 individuals received psychiatric services during the above timeframe and 3,222 individuals received counseling or psychiatric services.
- Integrity Counseling received a grant to expand access to general mental health services in high SocioNeeds ZIP Codes; 218 individuals received counseling services during the above timeframe.
- Mid Central Community Action (MCCA) received a grant for housing interventions, specifically radon testing and mitigation in Bloomington ZIP Code 61701, that supports health. Due to COVID restrictions, it was no longer a safe option to conduct home visits for the testing and follow-up. At the same time, MCCA was seeing the effects of COVID on the tenants of Mayors Manor. Stability in their daily routines is important, and they had to learn coping skills to maneuver new health and safety protocols inside Mayors Manor and out in the community. The new focus of the grant was on increased staff presence for additional supportive services, combined with the option for telehealth therapy sessions for tenants. Twenty-six individuals were served during the above timeframe.
- Project Oz received a grant for adolescent well-being including housing and crisis stabilization; 18 individuals were served during the above timeframe.
- Youthbuild of McLean County received a grant for adolescent well-being through mental health wrap-around services, including on-site care; 25 individuals were served during the above timeframe.
- The Center for Youth and Family Solutions received a grant for child, adolescent and family behavioral health services, including telepsychiatry and a sliding fee for counseling; 37 individuals were served during the above timeframe.
- Children’s Home & Aid received a grant for a therapist to work with Doula participants through pregnancy and up to one year postpartum; 43 individuals were served during the above timeframe.

***\*The Four Organizations comprising the McLean County Executive Steering Committee—Carle BroMenn Medical Center, Chestnut Health Systems, the McLean County Health Department and OSF St. Joseph Medical Center—are all implied resources/partners for Behavioral Health.***

# 2020-2022 McLean County Community Health Improvement Plan

## Access to Care Summary

**HEALTH PRIORITY: ACCESS TO CARE**

**GOAL:** Ensure appropriate access to care to improve the health and well-being of our residents, neighborhoods and county by 2023.

**Related Social Determinants of Health:** Access to Care; Housing Instability/Quality of Housing

**OUTCOME OBJECTIVE:** By 2023, reduce the percentage of individuals utilizing McLean County hospital emergency rooms for non-emergent conditions.

**Baseline**

- 19% of McLean County residents identified as “at risk” (Medicaid Population) reported the emergency department as their choice of medical care (2018 McLean County Health Survey).

**State Health Improvement Plan (SHIP) 2021 Alignment**

- *Build upon and improve local system integration.*
- *Improve the opportunity for people to be treated in the community rather than in institutions.*
- *Assure accessibility, availability, and quality of preventive and primary care for all women, adolescents, and children, including children with special health care needs, with a focus on integration, linkage, and continuity of services through patient-centered medical homes.*

THREE YEAR MEASURES	STRATEGIES and INTERVENTIONS	ANNUAL EVALUATION MEASURES	PROGRESS IN 2021
<p><b>IMPACT OBJECTIVE #1:</b></p> <p>By 2023, decrease the number of McLean County residents identifying the emergency department as choice of medical care.</p> <p><b>BASELINE DATA</b></p>	<p><b>STRATEGY 1: SUPPORT ASSERTIVE LINKAGE NAVIGATION/ENGAGEMENT PROGRAMS WHICH LINK LOWER INCOME COMMUNITY MEMBERS WITH A MEDICAL HOME.</b></p> <p><b>Intervention 1.1:</b> Community Health Care Clinic’s Coordinating Appropriate Access to Comprehensive Care (CAATCH) Program</p>	<p><b>Intervention 1.1: Process Indicators</b></p> <ul style="list-style-type: none"> <li>• # of patients served through the CHCC CAATCH Program (baseline: 146</li> </ul>	<p><b>Intervention 1.1: Outcomes</b></p> <ul style="list-style-type: none"> <li>• <b>2022:</b> 184 patients</li> </ul>

<ul style="list-style-type: none"> <li>19% of the at-risk population Identified the emergency room as their primary choice of medical care (McLean County Community Health Survey, 2018)</li> <li>3% of the general population identified the emergency room as their primary choice of medical care (McLean County Community Health Survey, 2018)</li> </ul>	<p>The CAATCH program is an emergency room navigation program for navigators and/or care coordinators to engage those without a primary care home.</p> <p><b>Evidence:</b>  <a href="http://www.healthycommunityalliance.org/praxispractice/index/view?pid=30259">http://www.healthycommunityalliance.org/praxispractice/index/view?pid=30259</a>   <a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/medical-homes">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/medical-homes</a></p>	<p>patients in 2018, 109 patients in 2017 – 2018 Community Health Improvement Plan (CHIP) Progress Report</p>	<ul style="list-style-type: none"> <li><b>2021:</b> 248 patients</li> <li><b>2020:</b> 353 patients</li> </ul>	
		<p><b>Intervention 1.1a: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>30-day hospital readmission rate for CAATCH patients</li> </ul>	<p><b>Intervention 1.1a: Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2022:</b> Zero</li> <li><b>2021:</b> Zero</li> <li><b>2020:</b> Zero</li> </ul>	
		<p><b>Intervention 1.1b: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>CAATCH patient emergency department use (reduction in visits post involvement in CAATCH)</li> </ul>	<p><b>Intervention 1.1b: Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2022:</b> 86% reduction</li> <li><b>2021:</b> 89% reduction</li> <li><b>2020:</b> 80% reduction</li> </ul>	
		<p><b>Intervention 1.1c: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>Yearly estimated cost savings from CAATCH</li> </ul>	<p><b>Intervention 1.1c: Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2022:</b> \$988,000</li> <li><b>2021:</b> \$1,116,000</li> <li><b>2020:</b> \$2,119,500</li> </ul>	
		<p><b>Intervention 1.2:</b> Chestnut Health Systems’ Cohesion Project. Cohesion is a program designed to promote and offer integrated care services related to screening, diagnosis, prevention and treatment of mental and substance use disorders, and co-occurring physical health conditions and chronic diseases.</p> <p><b>Evidence:</b>  <a href="http://farleyhealthpolicycenter.org/wp-content/uploads/2017/03/Balasubramanian-et-al-2017-Outcomes-of-Integrated-BH-with-PC.pdf">http://farleyhealthpolicycenter.org/wp-content/uploads/2017/03/Balasubramanian-et-al-2017-Outcomes-of-Integrated-BH-with-PC.pdf</a></p>	<p><b>Intervention 1.2: Process Indicators</b></p> <ul style="list-style-type: none"> <li># of patients connected with a medical home through Chestnut Health Systems’ Cohesion Project (baseline: establish)</li> </ul>	<p><b>Intervention 1.2: Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2022:</b> 51 patients</li> <li><b>2021:</b> 56 patients</li> <li><b>2020:</b> 34 patients</li> </ul>
			<p><b>Intervention 1.2: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>TBD</li> </ul>	<p><b>Intervention 1.2: Outcomes</b></p> <ul style="list-style-type: none"> <li>In process of determining outcome indicators.</li> </ul>

<p><b>IMPACT OBJECTIVE #2:</b></p> <p><b>By 2023, increase the number of McLean county residents indicating they have access to a dentist.</b></p> <p><b>BASELINE DATA</b></p> <ul style="list-style-type: none"> <li>46% of respondents reported “no insurance” as their reason for inability to access dental care (McLean County Community Health Survey, 2018)</li> <li>35% of respondents reported “could not afford co-pay” as their reason for inability to access dental care (McLean County Community Health Survey, 2018)</li> <li>85 individuals visited an emergency department in McLean County for oral health disorders. (Advocate BroMenn Medical Center and OSF St. Joseph Medical Center, 2017)</li> </ul>	<p><b>STRATEGY 2: INCREASE THE CAPACITY OF ORGANIZATIONS PROVIDING DENTAL SERVICES TO LOW-INCOME RESIDENTS OF MCLEAN COUNTY.</b></p>		
	<p><b>Intervention 2.1:</b> Increase the number of full-time equivalents (FTE) dentists and hygienists available to serve low income McLean County residents. Note FTE includes volunteer dentists and hygienists.</p> <p><i>Evidence:</i></p> <p><a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/allied-dental-professional-scope-of-practice">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/allied-dental-professional-scope-of-practice</a></p>	<p><b>Intervention 2.1: Process Indicators</b></p> <ul style="list-style-type: none"> <li>Conduct an analysis of the current number of FTE dentists and hygienists available to serve low income McLean County Residents at the Community Health Care Clinic.</li> </ul>	<p><b>Intervention 2.1: Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2022:</b> 0.75 FTE paid hygienists/0.5 FTE volunteer hygienists and 1.0 FTE volunteer dentists</li> <li><b>2021:</b> 0.6 FTE paid hygienists/0.5 FTE volunteer hygienists 1.0 FTE volunteer dentists</li> <li><b>2020:</b> 0.6 FTE paid hygienists/0.5 FTE volunteer hygienists and 0.5 FTE volunteer dentists</li> </ul>
	<ul style="list-style-type: none"> <li>Conduct an analysis of the current number of FTE dentists and hygienists available to serve low income McLean County Residents at the McLean County Health Department’s Dental Program.</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 1.6 FTE hygienists and dentists</li> <li><b>2021:</b> 1.6 FTE hygienists and dentists</li> <li><b>2020:</b> 2.0 FTE hygienists and dentists</li> </ul>	

		<ul style="list-style-type: none"> <li>• Conduct an analysis of the current number of FTE dentists and hygienists available to serve low income McLean County Residents at Chestnut Health Systems' Chestnut Family Health Center Dental Program.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022 - 2022:</b> Baseline of 0.0 FTE established. Dental program not opened during reporting period. Dental program slated to open in summer 2023</li> </ul>
		<ul style="list-style-type: none"> <li>• Conduct an analysis of unmet community need for dental services and the number of dentists and hygienists needed to fill unmet need</li> </ul>	<ul style="list-style-type: none"> <li>• Analysis of unmet community need for dental included in 2022 CHNA data collection/analysis project.</li> </ul>
		<p><b><u>Intervention 2.1: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>• Establish baseline data for # of patients served (pediatric and adult) by service type (acute or preventive) at the Community Health Care Clinic</li> </ul>	<p><b><u>Intervention 2.1: Outcomes</u></b></p> <ul style="list-style-type: none"> <li>• <b>2022:</b> 567 patients received 1,417 oral health visits</li> <li>• <b>2021:</b> 604 patients received 1,466 oral health visits</li> <li>• <b>2020:</b> 441 patients received 1,437 oral health visits</li> </ul>
		<ul style="list-style-type: none"> <li>• Establish baseline data for # of patients served (pediatric and adult) by service type (acute or preventive) at the McLean County Health Department</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022:</b> 2869 preventative visits and 785 acute visits</li> <li>• <b>2021:</b> 2014 routine visits and 580 acute visits</li> </ul>



		<ul style="list-style-type: none"> <li>Establish baseline data for # of patients served (pediatric and adult) by service type (acute or preventive) at Chestnut Family Health Center</li> </ul>	<ul style="list-style-type: none"> <li><b>2020:</b> 1869 preventative visits and 785 acute visits</li> <li><b>2020-2022:</b> Chestnut Family Health Center did not provide any dental services to patients during reporting period</li> </ul>
	<p><b>Intervention 2.2:</b> Solicit increased funding to support organizations providing dental services to low income McLean County residents receiving dental services</p> <p><b>Evidence:</b>  <a href="http://www.healthycommunityalliance.org/praxispractice/index/view?pid=391">http://www.healthycommunityalliance.org/praxispractice/index/view?pid=391</a>  <a href="http://www.healthycommunityalliance.org/praxispractice/index/view?pid=226">http://www.healthycommunityalliance.org/praxispractice/index/view?pid=226</a></p>	<p><b>Intervention 2.2: Process Indicators</b></p> <ul style="list-style-type: none"> <li># of grants received.</li> <li># of Dental or Types of dental services added</li> </ul>	<p><b>Intervention 2.2: Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2022:</b> Chestnut Family Health Center received 3 additional grants to support renovation and staffing of the dental program.</li> <li><b>2022:</b> Community Health Care Clinic secured funding to support an additional day a week of dental services for CY 2022 and also secured new funding from ISDS for equipment upgrades.</li> <li><b>2021:</b> Chestnut Family Health Center received 2 grants to support infrastructure</li> </ul>

			<p>needed to expand services to include dental in 2021 and two grants to support staffing for 2022</p> <ul style="list-style-type: none"> <li>• <b>2021:</b> Community Health Care Clinic secured funding to support an additional day a week of dental services for CY 2022 and also secured new funding from ISDS for equipment upgrades.</li> <li>• <b>2020:</b> Community Health Care Clinic received a grant from the John M. Scott Health Care Commission focused on integration of primary and oral health care services.</li> </ul>
	<p><b>Intervention 2.3:</b> Expand performance of Fluoride application in Pediatric and Primary Care Settings serving low-income pediatric McLean County residents</p> <p><i>Evidence:</i></p>	<p><b>Intervention 2.3: Process Indicators</b></p> <ul style="list-style-type: none"> <li>• Establish baseline # of pediatric patients receiving fluoride applications in the primary care setting at Chestnut Family Health Center (baseline: None)</li> </ul>	<p><b>Intervention 2.3: Outcomes</b></p> <ul style="list-style-type: none"> <li>• <b>2022:</b> Providers trained but 0 pediatric patients received fluoride applications due to</li> </ul>

	<a href="https://pediatrics.aappublications.org/content/115/1/e69">https://pediatrics.aappublications.org/content/115/1/e69</a>		<p>low volume of pediatric patients.</p> <ul style="list-style-type: none"> <li>• <b>2021:</b> No baseline established due to COVID pandemic.</li> <li>• <b>2020:</b> No baseline established due to COVID pandemic.</li> </ul>
		<ul style="list-style-type: none"> <li>• Establish baseline # of pediatric practices performing fluoride applications in Carle West Physician Group primary care/ pediatric settings and the number of pediatric patients receiving fluoride applications (baseline: None)</li> </ul>	<p><b><u>Intervention 2.3:</u></b> <b><u>Outcomes</u></b></p> <ul style="list-style-type: none"> <li>• <b>2022:</b> 2 primary care/pediatric practices (Carle West Physician Group – Pediatrics and Family Medicine) and 602 pediatric patients</li> <li>• <b>2021:</b> 2 primary care/pediatric practices (Carle West Physician Group – Pediatrics and Family Medicine) and 501 pediatric patients</li> <li>• <b>2020:</b> 1 pediatric practice (Carle Physician Group - Pediatrics) and 75 patients.</li> </ul>
		<ul style="list-style-type: none"> <li>• Establish baseline # of pediatric practices performing fluoride applications in OSF primary</li> </ul>	<p><b><u>Intervention 2.3:</u></b> <b><u>Outcomes</u></b></p>

		care/pediatric settings and the # of pediatric patients receiving fluoride applications (baseline: None)	<ul style="list-style-type: none"> <li>• <b>2022:</b> 1 pediatric group (OSF Medical Group Pediatrics) and 187 patients</li> <li>• <b>2021:</b> 1 pediatric group (OSF Medical Group Pediatrics) and 240 patients</li> <li>• <b>2020:</b> 1 pediatric group (OSF Medical Group Pediatrics) and 192 patients</li> </ul>
<p><b>IMPACT OBJECTIVE #3:</b></p> <p>By 2023, decrease the number of McLean county residents indicating that transportation was a barrier to accessing healthcare.</p> <p><b>BASELINE DATA</b></p> <ul style="list-style-type: none"> <li>• 7% of survey respondents indicated that they had no way to get to a doctor (McLean County Community Health Survey, 2018)</li> <li>• 5% of survey respondents indicated that the cause of their inability to access prescription medication was “no way to get to doctor” (McLean</li> </ul>	<p><b>STRATEGY 3: INCREASE ACCESS AND AVAILABILITY OF TRANSPORTATION TO/FROM HEALTHCARE SERVICES FOR LOW-INCOME MCLEAN COUNTY RESIDENTS</b></p>		
	<p><b>Intervention 3.1:</b> Conduct an inventory of the different transportation-related committees and boards in McLean County including committee/board and membership composition</p>	<p><b>Intervention 3.1: Process Indicators</b></p> <ul style="list-style-type: none"> <li>• 80% participation in the inventory by the Resource/Partners listed.</li> </ul> <p><b>Intervention 3.1: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>• Not Applicable</li> </ul>	<p><b>Intervention 3.1 – 3.3: Outcomes</b></p> <ul style="list-style-type: none"> <li>• <b>2020 - 2022:</b> Survey deployed in Q1 CY 2021 had low response rate. Survey not redeployed in CY 2022.</li> <li>• Changed focus to four collaborating organizations participating in McLean County</li> </ul>

<p>County Community Health Survey, 2018)</p> <ul style="list-style-type: none"> <li>• 5% of survey respondents indicated that the cause of their inability to access dental care in McLean County was “no way to get to the dentist” (McLean County Community Health Survey, 2018)</li> <li>• 12% of survey respondents indicated that the cause of their inability to access counseling in McLean County was “no way to get to service” (McLean County Community Health Survey, 2018)</li> </ul>	<p><b>Intervention 3:2:</b> Perform a transportation gap in services/existing conditions analysis</p> <p><b>Evidence:</b>  <a href="http://www.healthycommunityalliance.org/practisepublic/index/view?pid=213">http://www.healthycommunityalliance.org/practisepublic/index/view?pid=213</a></p>	<p><b>Intervention 3.2: Process Indicators</b></p> <ul style="list-style-type: none"> <li>• Establish a baseline of # of healthcare providers querying and tracking transportation</li> <li>• Establish baseline of # of healthcare providers with accessible public transit bus stop</li> <li>• Establish baseline of # of healthcare providers with staff assigned to helping remove transportation as a barrier</li> <li>• Establish baseline of # of staff full time equivalents (FTE) allocated to removing transportation as a barrier</li> <li>• Establish a baseline of # of McLean County organizations who offer rides/transport to/from healthcare-related destinations</li> <li>• Establish baseline of # of rides/transport provided to healthcare-related destinations</li> <li>• # of community members completing the survey</li> <li>• # of providers completing the survey</li> <li>• # of school individuals in the school system completing the survey</li> <li>• # of focus groups conducted</li> </ul> <p><b>Intervention 3.2: Outcome Indicators</b>  Completion of inventory</p>	<p>Regional Planning Commission Transportation Advisory Committee.</p>
	<p><b>Intervention 3:3:</b> Increase representation of healthcare community on transportation-</p>	<p><b>Intervention 3.3: Process Indicators</b></p> <ul style="list-style-type: none"> <li>• % of inventoried transportation-related committees and boards including</li> </ul>	

	<p>related committees/boards identified in Intervention 3.1 activity</p> <p><b>Evidence:</b> N/A</p>	<p>representation from the healthcare sector (baseline: None)</p> <p><b>Intervention 3.3: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>• Establish baseline of number of committees and boards related to transportation</li> <li>• Establish baseline of number of these groups with representation from the Healthcare sector</li> </ul>	
<p><b>IMPACT OBJECTIVE #4:</b></p> <p><b>By 2023, Decrease the number of McLean County Residents indicating that they do not seek care.</b></p> <ul style="list-style-type: none"> <li>• 3% of survey respondents indicated that they do not seek care when asked to choose the type of healthcare they use when they are sick</li> </ul>	<p><b>STRATEGY 4: INCREASE ACCESS AND AVAILABILITY OF COMMUNITY-BASED SERVICES FOR LOW INCOME MCLEAN COUNTY RESIDENTS.</b></p>		
	<p><b>Intervention 4.1:</b> Increase use of telemedicine/virtual services</p> <p><b>Evidence:</b></p> <p><a href="http://www.healthycommunityalliance.org/praxispractice/index/view?pid=3230">http://www.healthycommunityalliance.org/praxispractice/index/view?pid=3230</a></p>	<p><b>Intervention 4.1: Process Indicators</b></p> <ul style="list-style-type: none"> <li>• Research cost effective models.</li> <li>• Design a plan for telemedicine utilizing community partners</li> <li>• Explore low income access to telemedicine and barriers to access</li> <li>• Seek funding to provide telemedicine services</li> </ul>	<p><b>Intervention 4.1: Process Outcomes</b></p> <ul style="list-style-type: none"> <li>• <b>2022:</b> Participating organizations continued ongoing use of telemedicine/virtual services.</li> <li>• <b>2021:</b> HB 3308 was signed into law in</li> </ul>

			<p>July, 2021 extending coverage for virtual services through 2027.</p> <ul style="list-style-type: none"><li>• Providers started transitioning back to in-person visit while still maintaining virtual visits.</li><li>• Providers, in collaboration with their trade associations and legislators focused on maintaining funding mandates requiring reimbursement for virtual services.</li><li>• <b>2020:</b> The onset of the pandemic caused a rapid and fluid transition by most providers to virtual services in 2020, transitioning as many services and patients as appropriate to virtual care.</li><li>• Providers worked quickly to identify and solidify cost effective models for</li></ul>
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			<p>providing telehealth. Providers have also put quality measures in place for the provision of care via telehealth over the past two years.</p> <ul style="list-style-type: none"><li>• This widespread move to telehealth was supported by Executive Order 2020-9 which mandated "all health insurers regulated by the Department of Insurance are required to cover telehealth services and reimburse providers at the same rate as in-person visits are prohibited from imposing any cost sharing for in-network providers." This executive order also expanded telehealth for individuals covered by Medicaid.</li></ul>
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		<p><b><u>Intervention 4.1: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>Establish a baseline of number of providers of telemedicine, the type and population served</li> </ul>	<p><b><u>Intervention 4.1: Outcomes</u></b></p> <p><b>2022:</b> 602 unduplicated patients received 734 virtual primary care services through Chestnut Family Health Center, Zero (0) unduplicated patients received 0 virtual visits through the Community Health Care Clinic, 851 unduplicated patients received 1,170 virtual primary care services for Carle West Physician Group, 9,460 virtual visits were offered by OSF St. Joseph Medical Center (8,791 adults, 669 pediatrics).</p> <ul style="list-style-type: none"> <li><b>2021:</b> 714 unduplicated patients received 1036 virtual primary care services through <i>Chestnut Family Health Center</i>, 647</li> </ul>
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			<p>unduplicated patients received 1,627 virtual visits through the <i>Community Health Care Clinic</i>, 15,397 remote visits were offered by OSF St. Joseph Medical Center (14,569 adults, 828 pediatrics).</p> <ul style="list-style-type: none"><li>• <b>2020:</b> 1,410 unduplicated patients received 4,805 virtual services through <i>Chestnut Family Health Center</i>, 878 unduplicated patients received 2,260 virtual visits through the <i>Community Health Care Clinic</i>, Approximately 75% of the 4,351 visits at the <i>Carle BroMenn Family Health Clinic</i> were provided virtually, 27,261 remote visits were offered by OSF St.</li></ul>
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			<i>Joseph Medical Center (25,930 adults, 1,221 pediatrics)</i>
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**RELATED IMPROVEMENT PLAN EFFORTS**

**Calendar Year 2022**

- The Carle Mobile Health Clinic hosted 12 clinics in 2022 at Woodhill Towers and saw 159 patients. OSF St. Joseph Medical Center distributed 162 Smart Meals at the clinics. The Tinnervin Foundation also distributed food boxes at each clinic.
- On July 29, 2022, The Carle Mobile Health Clinic staff conducted 55 school physicals at Normal West High School and on August 13, 90 physicals were performed at Bloomington Junior High School.
- In 2022, The United Way of McLean County, Tinervin Family Foundation, Laborers International Union of North America (LIUNA), the City of Bloomington, McLean County Government and the Town of Normal have partnered with Carle to expand the work of the Carle Community Health Initiatives team and increase healthcare accessibility and address community health disparities. Each entity pledged funds towards the purchase of a 40-foot-long, wheelchair-accessible clinic will bring full-service, high-quality health care to residents of all ages around the county.
- In January 2022, Carle Health launched the collection of sexual orientation and gender identity data as well as the option for patients are to add their preferred name through MyCarle, check-in kiosks and registration.
- In 2022, Carle Health’s Diversity, Equity and Inclusion, Carle Experience and Continuing Education partnered to offer six provider education sessions on gender inclusive care to build awareness and knowledge related to gender and sexuality inclusive care for patients.
- In 2022, Carle Health offered four virtual community education presentations featuring important health information and how to find the right care at the right time. Two sessions were offered in Spanish.
- In 2022, Carle Cancer Institute Normal launched a multi-disciplinary clinic for colorectal cancer. Patients with colon, rectal or anal cancers are able to see all providers (i.e., surgeon, medical oncologist and radiation oncologist) on the same day. This is not only more convenient for the patient but it also expedites the creation of their comprehensive treatment plan.
- In June 2022, Carle Health launched a new feature to help Carle patients better understand the next steps of their care. Select elements of the after visit summary – the clinical references and the educational documents – began printing automatically in both English and the patient’s preferred language.
- In March 2022, Carle Health convened a Health Equity and Clinical Guidance Committee. The committee includes leadership representation from operations, quality, research, population health, community health, physicians, nursing, Carle Experience, DEI and administration. The committee is responsible for guiding organizational strategy and implementation of work to address health inequities, including monitoring and reporting of stratified patient quality, safety and experience data, building education and awareness of health equity as an organizational priority, and specific projects to close care gaps.

- In April 2022, the Carle Cancer Institute Normal and Carle Cancer Institute Champaign received a grant for \$15,000 from the American Cancer Society to assist patients with transportation.
- Carle BroMenn Medical Center, Carle Cancer Institute Normal, the Bloomington-Normal branch of the NAACP and the American Cancer Society (ACS) began partnering on ACS's Breast Health Advocate (BHA) program in October 2022. Breast Health Advocates volunteer within their communities to connect black women to local screening resources with the goal of reducing later stage breast cancer diagnoses. ACS Cancer Support and Carle Health team members provided content and clinical expertise with presentations delivered by volunteers from the Bloomington Normal branch of the NAACP. BHA's and community members will work collaboratively with Carle Cancer Institute Normal and the Illinois Breast and Cervical Cancer Program (IBCCP) to identify and assist with barriers to screenings and/or care.
  - Two members of the Bloomington Normal branch of the NAACP trained as Breast Cancer Health Advocates, taking two on-line training classes by American Cancer Society.
  - The Bloomington Normal branch of the NAACP and Carle Cancer Institute held a breast cancer awareness presentation at Center for Hope International Ministries for about 100 individuals on Sunday, October 16, 2022.
  - On October 20, 2022 the Bloomington Normal branch of the NAACP held a Breast Cancer Awareness Workshop at Mt. Pisgah Baptist Church with approximately 25 individuals in attendance. The workshop was held after the Bloomington-Normal NAACP Branch meeting.
    - In this workshop and during the October 16, 2022 presentation above, information was presented about how to help decrease health disparities that exist with black women regarding breast cancer mortality rates and on how the importance of detecting breast cancer early and getting state-of-the-art cancer treatment are two of the most important strategies for preventing deaths from breast cancer.
- In 2022, 99+% of Carle Health system team members completed the module focusing on the impact of the social determinants of health.
- In 2022, OSF St. Joseph Medical Center offered 6 community events focusing on cancer screening opportunities through the OSF Cancer Center.
- In 2022, OSF St. Joseph Medical Center provided patients with "Screen and Connect" tool where patients are screened to help identify social determinants of health to improve medical outcomes through community resources.
- In November 2022, OSF St. Joseph Medical Center opened an 8-bed pediatric Clinical Decision Unit to monitor and evaluate pediatric patients.
- OSF HealthCare and Illinois CancerCare have been in collaboration for several years, meeting regularly to share knowledge and discuss cases. In 2022, OSF and Illinois CancerCare enhanced their partnership to provide better, more coordinated care and began clinical radiation trials with the Illinois Cancer Care team.
- In the summer 2022, the OSF OnCall Digital Hospital program began offering patients the hospital care they need in the comfort of their own homes. Doctors, nurses and other professionals treat our patients and monitor them in their homes just like they would in the hospital. The following is offered: care focused on patients where they feel most comfortable; hospital-level care, including IV therapy, lab tests, and imaging.; instant access to the care team, 24 hours a day, seven days a week.; Improved patient outcomes.
- In January 2022, OSF OnCall Connect team went live with a new program to digitally engage and connect with select patients who have recently been discharged from the hospital. Those patients who are at higher risk of readmission following an inpatient stay received an email or text message invitation to enroll in the program. For 30 days, patients received digital condition-specific information. This program helps reduce hospital readmissions, increase medication compliance, identify and alleviate socioeconomic barriers that make it difficult to recover and get care.

- In 2022, OSF St. Joseph Medical Center offered 6 community events focusing on cancer screening opportunities through the OSF Cancer Center.
- In 2022, District 87 Schools began a community-wide collaborative to focus on reducing first day exclusions for students who are non-compliant with medical requirements before classes start. OSF St. Joseph Medical Center, Chestnut Health Systems, and Carle BroMenn Medical Center serve on the committee.
- OSF St. Joseph Medical Center increased class opportunities for pregnant mothers and families for improved birthing experience.
- Chestnut Health Systems joined 3 other FQHCs and OSF On-Call to use new technology and outreach to transform Medicaid access and quality of care. Chestnut Health Systems received \$5m to hire community health workers and fund a dental clinic.
- Chestnut Health Systems and OSF continue ongoing planning for Chestnut to become the primary continuity of care location for the OSF St. Joseph Medical Center's new family medicine residency program.
- Chestnut Health Systems worked with the Health Resources Services Administration (HRSA) Bureau of Primary Care to add the 1003 Martin Luther King site under the FQHC scope to expand primary care and Medication Assisted Recovery services and access to McLean County community members seeking services.
- McLean County Health Department provided approximately two dozen COVID-19 Mass Vaccination clinics in the community including a clinic at the Activity and Recreation Center (ARC) in Normal in November focused on increasing uptake of the new bivalent booster amongst those at highest risk.
- McLean County Health Department conducted 1,329 free COVID-19 PCR tests in downtown Bloomington and provided temporary shelter, food, and medical supplies to 62 individuals during their COVID-19 isolation or quarantine through the alternate housing program.

**The following organizations received grants for implementation in 2022 from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2019 McLean County Community Health Needs Assessment. The data below is for May 1 – October 31, 2022.**

- Youthbuild of McLean County received a grant for to support adolescent well-being through mental health wrap-around services, including on-site care. N/A people were served during the above timeframe.
- The Baby Fold received a grant to support childhood well-being through evidenced-based, trauma-informed, and family-centered education and related services to reduce the risk of abuse or neglect. 14 people were served during the above timeframe.
- The Boys and Girls Club of Bloomington-Normal received a grant to support mental health services to children. 120 people were served during the above timeframe.
- The Center for Youth and Family Services received a grant to support family behavioral health services, including tele-psychiatry. 264 people were served during the above timeframe.
- Integrity Counseling received a grant to support mental health services to the uninsured and underinsured. 187 people were served during the above timeframe.

**Calendar Year 2021**

- In August 2021, Carle BroMenn Medical Center behavioral health therapists began hosting a weekly stroke support group at the Carle Health and Fitness Center. The curriculum is created around a holistic approach; with the addition of hosting medical and community experts on a scheduled basis. Direct referrals are made for all patients with a stroke diagnosis discharged from the hospital's Acute Rehab Unit or other area.
- In 2021, Carle BroMenn Medical Center Addiction Recovery began offering Partial Hospitalization Programming, "PHP" at the hospital again, in conjunction with Intensive Outpatient Programming "IOP" and After Care Programming. This is a group-based outpatient treatment that meets Monday through Friday for five hours per day. While programming is individualized, typical length of stay is 10 to 15 days. Patients learn core recovery principles, relapse prevention strategies and coping skills to implement into a recovery lifestyle. Licensed therapists, dietitians, chaplains and members of the recovery community are available to assist patients with their recovery plans following partial hospitalization treatment.
- Beginning on June 7 2021, Carle BroMenn Medical Center staff began meeting with community members, the American Cancer Society, and Carle Cancer Institute staff for a Commission on Cancer standard with a focus on increasing mammograms in the African American and Black community.
- In 2021, Carle BroMenn Medical Center, UnityPoint Health and Prairie Pride Coalition helped bring Central Illinois Friends to the Community Health Care Clinic, expanding access to HIV and sexual health services.
- McLean County Orthopedics joined Carle Health on August 29, 2021. This expanded access to care to orthopedics, pain and sports medicine care for Medicaid patients.
- From April to December 2021, Carle BroMenn Medical Center partnered with Carle Foundation Hospital's Community Health Initiatives department to bring the Carle Mobile Health Clinic to Bloomington once a month. The clinic was held in the parking lot of Woodhill Towers. A total of 148 patients received services at the clinic. Collaborative partners also joined the clinic. OSF Healthcare St. Joseph Medical Center provided nutrition information and distributed 166 Smart Meals. The McLean County Health Department provided Diabetes Prevention Program information and The Tinervin Foundation distributed food boxes. The Carle Mobile Health Clinic also provided school physicals at Normal West High School for 89 students and at Bloomington Junior High School for 108 students.
- In 2021, the Carle Cancer Institute created a multidisciplinary clinic and tumor board. This allowed patients to see a breast surgeon, medical oncologist, radiation oncologist and nurse navigator on the same day at Carle Cancer Institute Normal. Patients also receive tumor board recommendations for treatment within a week of their appointment. This clinic shortened the wait time for patients newly diagnosed with breast cancer to begin treatment.
- Community Health Care Clinic received funding through the ISU Mennonite College of Nursing CAUSE project to add a second CAUSE nurse (bi-lingual) in 2021 which increased their care management capacity.
- Chestnut received a FCC grant to fund technology infrastructure and equipment to support the provision of telehealth primary care and behavioral health services along with home monitoring equipment.
- OSF Healthcare and Chestnut Health Systems will bring community health workers to Bloomington-Normal to assist individuals with chronic health conditions to improve their overall health and wellness. Through this project Chestnut will also receive funding to support dental services for adults and youth.
- Chestnut Family Health Center received a grant from the John Scott Foundation to purchase dental equipment for their new dental clinic set to open in 2022.
- The Health Resources Services Administration awarded Chestnut Health Systems \$250,000 in American Recovery Funds to support the purchase of medical equipment at Chestnut Family Health Center.

- Chestnut Family Health Center, in partnership with the Illinois Primary Health Care Association, provided a pandemic health navigator to assist in engaging individuals in care, obtaining vaccines and tracking Covid cases.
- Chestnut Family Health Center received a grant from Delta Dental to provide access to dental services.

**The following organizations received grants for implementation in 2021 from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2019 McLean County Community Health Needs Assessment. The data below is for May 1 – October 31, 2021.**

- Chestnut Health Systems received a grant to support capital improvements for development of a dental clinic.
- The Children's Home and Aid received a grant to support provision of home and community-based services outside in rural areas, including perinatal, maternal, and child services; 12 people were served during the above timeframe.
- Faith in Action received a grant to support senior well-being, including social connection & transportation; 132 seniors were served during the above timeframe.
- Heartland Head Start received a grant to support early childhood well-being, including services for the whole-child and family that support physical, mental and oral health and school readiness, and partnerships with other providers and local universities; 92 people were served during the above timeframe.
- Marcfirst received a grant to support early childhood well-being, including services that support healthy child development and partnerships with school districts; 122 people were served during the above timeframe.

#### **Calendar Year 2020**

- Carle BroMenn Medical Center and OSF HealthCare St. Joseph Medical Center continue to provide support for the Community Health Care Clinic (CHCC) The CHCC is a free clinic which provides services to the medically underserved population of McLean County to ensure that all populations in the community have access to healthcare. All emergency room visits, diagnostic testing and hospital services are provided free of charge by Carle BroMenn Medical Center and OSF HealthCare St. Joseph Medical Center. Carle BroMenn Medical Center also owns the building where the clinic is located and provides maintenance for the clinic at no charge. OSF HealthCare provides human resources support for the clinic.
- The Community Health Care Clinic received a \$30,000 grant from the Institute for Healthcare Improvement (IHI) to participate in its Pursuing Equity Initiative. The 18-month program will help CCHC examine their current practices and develop policies and procedures in line with IHI's Pursuing Equity five-component framework.
- Chestnut Health Systems' Chestnut Family Health Center added 1.0 FTE family practice Physician and 1.0 FTE Mental Health Advanced Practice Registered Nurse in 2020 to expand access to integrated primary care/behavioral health care services.
- Chestnut Health Systems received \$224,436 in Health Resources & Services Administration COVID Cares Grant funding to purchase personal protective equipment, maintain access to services during the COVID-19 pandemic and add COVID-19 testing capacity at the Chestnut Family Health Center Bloomington site with a focus on services for persons living at or below 200% of Federal Poverty Guidelines.
- Chestnut Health Systems utilized Health Resources & Services Administration COVID-19 Cares Grant funding to purchase a mobile unit for use by Chestnut Family Health Center staff to expand access to services. Initial focus was placed on COVID-19 testing.

- In 2020, Carle BroMenn Medical Center led the monthly LGBTQ+ Advisory Council meetings which began in December 2019. The council fosters increased access to care by giving a voice to the LGBTQ+ community and allies in order to provide sensitive and respectful care.
- Take Cover was launched by The Illinois Heart and Lung Foundation (IHLF) and the McLean County Health Department. Carle BroMenn Medical Center, Normal Fire Department, Normal Police Department, Bloomington Fire Department, Bloomington Police Department, the McLean County Medical Reserve Corps, and Starcrest Cleaners along with several other community partners collaborated to collect and distribute cloth face coverings and non-medical masks to individuals and families in underserved and vulnerable communities.
- With increased visitor restrictions due to COVID-19 in 2020, Carle BroMenn Medical Center initiated the use of IPADs for virtual visits with loved one's of dying patients.

**The following organizations received grants for implementation in 2020 from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2019 McLean County Community Health Needs Assessment. The data below is for June 1, 2020 – December 31, 2020.**

- The Center for Human Services received a grant for integration of behavioral and primary health care services, with a housing component; 946 individuals were served.
- The Community Health Care Clinic received a grant for integration of primary and oral health care services; 211 individuals were served during the above timeframe.
- The Children's Home & Aid Home received a grant for home & community-based services outside in rural areas, including perinatal, maternal, and child services; 43 individuals were served during the above timeframe.
- Faith in Action received a grant for senior well-being, including social connection & transportation; 94 individuals were served during the above timeframe.
- Heartland Head Start received a grant for early childhood well-being, including services for the whole-child and family that support physical, mental and oral health and school readiness, and partnerships with other providers and local universities; 350 individuals were served during the above timeframe.
- McLean County Health Department received a grant for emergent needs: oral health care for children and adults; 2,420 children and 243 adults were served from January 1 through December 31, 2020.
- Marcfirst received a grant for restoring sleep to children and families “Healthy Sleeping, Healthy Community”; 10 individuals were served during the above timeframe.
- Mid-Central Community Action Inc. received a grant for Mayors Manor: Access to Supportive and Therapeutic Service; 26 individuals were served, and an additional 0.59 FTE were hired during the above timeframe.
- Project Oz received a grant for its Transitional Living Program; 18 individuals were served during the above timeframe.
- Sarah Bush Lincoln Peace Meal received a grant to support provision of congregate meals, home delivered meals and in-home assessments; 830 individuals were served during the above timeframe.

***\*The Four Organizations comprising the McLean County Executive Steering Committee—Carle BroMenn Medical Center, Chestnut Health Systems, the McLean County Health Department and OSF St. Joseph Medical Center—are all implied resources/partners for Access to Care.***



# 2020-2022 McLean County Community Health Improvement Plan

## Healthy Eating/Active Living Summary

### HEALTH PRIORITY: HEALTHY EATING/ACTIVE LIVING (HEAL)

**GOAL:** Promote healthy eating and active living to strengthen the health and well-being of our community by 2023.  
 Social Determinants of Health Areas of Focus: Food Insecurity, Workforce Development

**OUTCOME OBJECTIVE:** By 2023, maintain or increase the percentage of people living at a healthy body weight in McLean County.

**Baseline**

- Adults: 32% of McLean County adults are classified as obese (IBRFSS, 2010-2014); (IL: 31.6%; U.S.: 29.9%; Healthy People 2020 target: 30.5%).
- Adolescents: 9% of 8<sup>th</sup> graders, 10% of 10<sup>th</sup> graders, 10% of 12<sup>th</sup> graders in McLean County are obese (Illinois Youth Survey, 2018)

**State Health Improvement Plan (SHIP)**

- Increase opportunities for healthy eating.
- Increase opportunities for active living.

THREE YEAR MEASURES	STRATEGIES and INTERVENTIONS	ANNUAL EVALUATION MEASURES	PROGRESS in 2022
<b>IMPACT OBJECTIVE #1: By 2023, increase opportunities for healthy eating</b>  <b>BASELINE DATA</b>  Food Environment Index: <b>7.6</b> (out of 10)	<b>STRATEGY #1: Support, promote, and educate the community about the availability and accessibility of fruits and vegetables in McLean County.</b>		
	<b>Intervention 1.1:</b> Develop and/or promote education tools to help assist in educating our community about healthier food choices. Share appropriately.	<b>Intervention 1.1: Process Indicators</b>	<b>Intervention 1.1 Outcomes</b>
		<ul style="list-style-type: none"> <li>• Track # of free programs that help identify how</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2022:</b> 292 free programs</li> <li>• <b>2021:</b> 83 free programs</li> <li>• <b>2020:</b> 33 free programs</li> </ul>

<p>(IL: 8.7) (Conduent Healthy Communities Institute County Health Rankings, 2018).</p> <p>Food insecurity rate: 12.1% (Conduent Healthy Communities Institute, Feeding America, 2016) (IL: 11%).</p> <p>MCCA 2018 Client Survey: <b>16.9%</b> could use help getting food from food pantries/banks; 12% could use help with having enough food at home.</p> <p>Fruit/Vegetable Consumption: <i>Adults:</i> “On a typical day, how many servings of fruits/vegetables do you eat?”</p>		healthy foods are prepared.	
		<ul style="list-style-type: none"> <li>Track # of participants who attend free programs on preparing healthy foods.</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 4,577 participants</li> <li><b>2021:</b> 967 participants</li> <li><b>2020:</b> 1,023 participants</li> </ul>
		<ul style="list-style-type: none"> <li>Track the # of paid programs that help identify how healthy foods are prepared.</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 4 paid programs</li> <li><b>2021:</b> 3 paid programs</li> <li><b>2020:</b> 3 paid programs</li> </ul>
		<ul style="list-style-type: none"> <li>Track the # of participants who attend programs (with a fee) preparing healthy foods.</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 254 participants</li> <li><b>2021:</b> 166 participants</li> <li><b>2020:</b> 19 participants</li> </ul>
	<b><u>Intervention 1.2:</u></b> Promote free nutrition tracking apps.	<b><u>Intervention 1.2: Process Indicators</u></b>	<b><u>Intervention 1.2 Outcomes:</u></b>
		<ul style="list-style-type: none"> <li>Track # of free apps promoted to the community.</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 25 free apps focused on nutrition, exercise, sleep, and stress reduction</li> <li><b>2021:</b> 25 free apps focused on nutrition, exercise, sleep, and stress reduction</li> <li><b>2020:</b> 25 free apps focused on nutrition, exercise, sleep, and stress reduction</li> </ul>

<p>None: <b>5%</b>; 1-2: <b>50%</b> 3-5: <b>39%</b>; over 5: <b>6%</b> (McLean County Community Health Survey, 2018).</p> <p><i>Adolescents (ave. of 8<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup> graders):</i> Eat 4 or more fruits/day: <b>9%</b>; Eat 4 or more vegetables/day: <b>7%</b> (IL Youth Survey, 2018).</p>		<ul style="list-style-type: none"> <li>Track # of avenues where applications are promoted.</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 7 avenues in which apps were promoted (businesses, emails, schools, newsletters, hospitals, organizations, and community agencies) <b>2021:</b> 7 avenues in which apps were promoted (businesses, emails, schools, newsletters, hospitals, organizations, and community agencies) <b>2020:</b> 7 avenues in which apps were promoted (businesses, emails, schools, newsletters, hospitals, organizations, and community agencies)</li> </ul>
	<p><b>Intervention 1.3:</b> Complete an inventory of Home Food Programs in Bloomington-Normal.</p>	<p><b>Intervention 1.3: Process Indicators</b></p>	<p><b>Intervention 1.3 Outcomes</b></p>
		<ul style="list-style-type: none"> <li>Track # of collaborations/partnerships between schools and the community to provide healthier foods for the Home Food Program.</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 5 partnership opportunities between schools and community <b>2021:</b> 6 partnership opportunities between schools and community <b>2020:</b> 5 partnership opportunities between schools and community</li> </ul>
	<p><b>Intervention 1.4:</b> Promote healthy food accessibility.</p>	<p><b>Intervention 1.4: Process Indicators</b></p>	<p><b>Intervention 1.4 Outcomes</b></p>

	<p><b>Evidence:</b> <a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/community-gardens">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/community-gardens</a></p> <p><a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/healthy-food-initiatives-in-food-banks">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/healthy-food-initiatives-in-food-banks</a></p>		
		<p><b>Veggie Oasis:</b></p> <ul style="list-style-type: none"> <li>Track # of pounds of produce donated to community (Baseline: 5200 pounds, 2018)</li> <li>Track # of people reached</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 2,400 pounds</li> <li><b>2021:</b> 2,400 pounds</li> <li><b>2020:</b> 1,500 pounds</li> <li><b>2022:</b> 600 people</li> <li><b>2021:</b> 600 people</li> <li><b>2020:</b> 7,800 people</li> </ul>
		<p><b>Food Farmacy:</b></p> <ul style="list-style-type: none"> <li>Track # of people reached</li> <li>Track # of referrals</li> <li>Track # of locations offered (Baseline: 1, 2018)</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 2 participants</li> <li><b>2021:</b> 0 participants</li> <li><b>2020:</b> 14 participants</li> <li><b>2022:</b> 2 referrals</li> <li><b>2021:</b> No referrals due to COVID-19</li> <li><b>2020:</b> No referrals due to COVID-19</li> <li><b>2022:</b> 1 location</li> <li><b>2021:</b> 1 location</li> <li><b>2020:</b> 1 location</li> </ul>
		<p><b>OSF SmartMeals:</b></p> <ul style="list-style-type: none"> <li>Track # of meals given (Baseline: 1054, 2019)</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 1,667 SmartMeals</li> <li><b>2021:</b> 1,637 SmartMeals</li> <li><b>2020:</b> 1,807 SmartMeals</li> </ul>

		<p>Midwest Food Bank:</p> <ul style="list-style-type: none"> <li>Track # of cases of healthier foods donated</li> <li>Track # of organizations reached</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 288,044 cases donated, with 19% of it being healthier options <b>2021:</b> 200,784 cases donated, with 25% of it being healthier options <b>2020:</b> 222,529 cases donated, with 25% of it being healthier options</li> <li><b>2022:</b> 85 organizations <b>2021:</b> 74 organizations <b>2020:</b> 88 organizations</li> </ul>
		<p>Soup Kitchens: (HSHM)</p> <ul style="list-style-type: none"> <li>Track # of participants who consume a salad</li> <li>Track % of healthier foods offered</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 13,312 participants <b>2021:</b> 7,986 participants <b>2020:</b> 8,830 participants</li> <li><b>2022:</b> 80% healthier foods offered <b>2021:</b> 75% healthier foods offered <b>2020:</b> 75% healthier foods offered</li> </ul>
		<p>Community Gardens:</p> <ul style="list-style-type: none"> <li>Track pounds of produce donated</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 392 pounds donated by OSF and Carle <b>2021:</b> 2,722 pounds of produce donated (OSF St. Joseph Medical Center, Sunnyside Garden)</li> </ul>

			<p><b>2020:</b> 3,160.1 pounds of produce donated (Carle BroMenn Medical Center, OSF St. Joseph Medical Center, West Bloomington Revitalization Project, Sunnyside Garden)</p>
		<p>Grocery Stores</p> <ul style="list-style-type: none"> <li>Track # of partnerships who increased access to healthy foods</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 0 partnerships</li> <li><b>2021:</b> 0 partnerships</li> <li><b>2020:</b> 0 partnerships</li> </ul>
		<p>Community Food Drives</p> <ul style="list-style-type: none"> <li>Track # of healthy food drives coordinated</li> <li>Track # of partnerships</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 3 healthy food drives</li> <li><b>2021:</b> 2 healthy food drives</li> <li><b>2020:</b> 3 healthy food drives</li> <li><b>2022:</b> no less than 10 community wide partnerships</li> <li><b>2021:</b> no less than 10 community wide partnerships</li> <li><b>2020:</b> no less than 10 community wide partnerships</li> </ul>
		<p>Farmer's Market</p> <ul style="list-style-type: none"> <li>Track # of Double Snap Participants</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 260 unique SNAP participants</li> <li><b>2021:</b> 282 unique SNAP participants</li> </ul>

		<ul style="list-style-type: none"> <li>Track # of pounds of produce donated</li> </ul>	<p><b>2020:</b> 160 WIC participants, 85 Senior participants = 245 total participants Did not partner with West Bloomington Revitalization Project (WBPR) due to COVID-19.</p> <ul style="list-style-type: none"> <li><b>2022:</b> See Veggie Oasis for produce donated <b>2021:</b> See Veggie Oasis for produce donated <b>2020:</b> Did not measure due to COVID-19</li> </ul>
<p><b>IMPACT OBJECTIVE #2: By 2023, increase opportunities for active living.</b></p> <p><b>BASELINE DATA</b></p> <p>Access to exercise opportunities: <i>Adults: 83.6%</i> have access (IL: 91.3%) (Conduent Healthy Communities Institute, County Health Rankings, 2018).</p> <p>Physical Activity:</p>	<p><b>STRATEGY #2: Promote active living in the workplace and community.</b></p>		
	<p><b>Intervention 2.1:</b> Develop or promote a tool kit for Workplace Wellness Best Practices and share with businesses.</p> <p><b>Evidence:</b> <a href="https://www.thecommunityguide.org/findings/obesity-worksite-programs">https://www.thecommunityguide.org/findings/obesity-worksite-programs</a></p>	<p><b>Intervention 2.1: Process Indicators</b></p>	<p><b>Intervention 2.1 Outcomes</b></p>
		<ul style="list-style-type: none"> <li>Track the number of free programs promoting physical activity in the workplace</li> <li>Track the number of employees participating in free programs promoting physical activity in the workplace</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 138 free programs <b>2021:</b> 152 free programs <b>2020:</b> 26 free programs</li> <li><b>2022:</b> 6,517 employees <b>2021:</b> 1,059 employees <b>2020:</b> 1,197 employees</li> </ul>

<p><i>Adults: 23.5% did not participate in any leisure-time physical activities in the past month (Conduent Healthy Communities Institute, County Health Rankings, 2015).</i></p> <p><i>Adolescents (ave. of 8<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup> graders): 22% were physically active for at least 60-minutes for 5 days, during the past 7 days. (IL Youth Survey, 2018).</i></p>		<ul style="list-style-type: none"> <li>Track the number of paid programs promoting physical activity in the workplace</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 1 program</li> <li><b>2021:</b> 1 paid program</li> <li><b>2020:</b> 0 paid programs</li> </ul>
		<ul style="list-style-type: none"> <li>Track the number of employees participating in programs (with a fee) promoting physical activity in the workplace</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 900 employees</li> <li><b>2021:</b> 55 employees</li> <li><b>2020:</b> 0 employees</li> </ul>
	<p><b>Intervention 2.2:</b> Promote access to physical activity for the community.</p> <p><b>Evidence:</b> <a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/community-fitness-programs">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/community-fitness-programs</a></p>	<b>Intervention 2.2: Process Indicators</b>	<b>Intervention 2.2: Outcomes</b>
		<ul style="list-style-type: none"> <li>Track # of free programs/events promoting physical activity in the community</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 44 free programs</li> <li><b>2021:</b> 11 free programs</li> <li><b>2020:</b> 45 free programs</li> </ul>
		<ul style="list-style-type: none"> <li>Track # of community members participating in free programs/events promoting physical activity</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 2,848 community members</li> <li><b>2021:</b> 40,383 community members</li> <li><b>2020:</b> 427 community members</li> </ul>
		<ul style="list-style-type: none"> <li>Track # of paid programs/events promoting physical activity in the community</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 12 paid programs</li> <li><b>2021:</b> 18 paid programs</li> <li><b>2020:</b> 7 paid programs/events</li> </ul>



		<ul style="list-style-type: none"> <li>Track # of community members participating in programs/events (with a fee) promoting physical activity</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 2,131 paid programs</li> <li><b>2021:</b> 2,312 community members</li> <li><b>2020:</b> 1,206 community members</li> </ul>
	<p><b>Intervention 2.3:</b> Offer A Matter of Balance to Older Adults</p> <p><b>Evidence:</b>  <a href="https://ijbnpa.biomedcentral.com/articles/10.1186/s12966-017-0509-8">https://ijbnpa.biomedcentral.com/articles/10.1186/s12966-017-0509-8</a></p>	<p><b>Intervention 2.3: Process Indicators</b></p> <ul style="list-style-type: none"> <li>Track # of people participating in the A Matter of Balance to Older Adults course.</li> <li>Track # of Matter of Balance courses offered</li> </ul>	<p><b>Intervention 2.3 Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2022:</b> 67 participants</li> <li><b>2021:</b> 19 participants</li> <li><b>2020:</b> 58 participants; 20 completed the program prior to COVID-19.</li> <li><b>2022:</b> 6 courses</li> <li><b>2021:</b> 2 courses</li> <li><b>2020:</b> 1 course</li> </ul>
		<p><b>Intervention 2.3: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>% of participants reported “feeling a reduction in a fear of falling”</li> <li>% of participants reported “feeling improved strength”</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 94% of participants</li> <li><b>2021:</b> 94% of participants</li> <li><b>2020:</b> 94% of participants</li> <li><b>2022:</b> 55% of participants</li> <li><b>2021:</b> 55% of participants</li> <li><b>2020:</b> 55% of participants</li> </ul>
		<p><b>Intervention 2.4:</b> Offer Partnership in Health to those who have developmental disabilities and support staff through MarcFirst.</p>	<p><b>Intervention 2.4: Process Indicators</b></p>

	<p><b>Evidence:</b>  <a href="https://ijbnpa.biomedcentral.com/articles/10.1186/1479-5868-10-18">https://ijbnpa.biomedcentral.com/articles/10.1186/1479-5868-10-18</a></p>	<ul style="list-style-type: none"> <li>Track # of people participating in the Partners in Health program</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 30 people</li> <li><b>2021:</b> 33 people</li> <li><b>2020:</b> 46 people</li> </ul>
		<p><b><u>Intervention 2.4: Outcomes Indicators</u></b></p>	<p><b><u>Intervention 2.4: Outcomes</u></b></p>
		<ul style="list-style-type: none"> <li>% of participants who decreased their blood pressure</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 48% (15 participants)</li> <li><b>2021:</b> 50% (17 participants)</li> <li><b>2020:</b> 26% (12 participants)</li> </ul>
		<ul style="list-style-type: none"> <li>% of participants who improved their waist circumference</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 31% (9 participants)</li> <li><b>2021:</b> 47% improved or maintained (16 participants)</li> <li><b>2020:</b> 37% (17 participants)</li> </ul>
		<ul style="list-style-type: none"> <li>% of participants who improved their BMI</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 48% improved or stayed the same (15 participants)</li> <li><b>2021:</b> 59% (20 participants)</li> <li><b>2020:</b> 30% (14 participants)</li> </ul>
	<p><b><u>Intervention 2.5:</u></b> Promote the 5-2-1-0 Campaign amongst school-aged kids.</p> <p><b>Evidence:</b> <a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/community-wide-physical-activity-campaigns">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/community-wide-physical-activity-campaigns</a></p>	<p><b><u>Intervention 2.5: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li>Track # of facilities who promote the 5-2-1-0 campaign</li> <li>Track # of children educated on the 5-2-1-0 Campaign amongst school-aged kids</li> </ul>	<p><b><u>Intervention 2.5 Outcomes</u></b></p> <ul style="list-style-type: none"> <li><b>2022:</b> 3 facilities</li> <li><b>2021:</b> 3 facilities</li> <li><b>2020:</b> 5 facilities</li> <li><b>2022:</b> 480 children</li> <li><b>2021:</b> 675 children</li> <li><b>2020:</b> 995 children</li> </ul>

	<a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/screen-time-interventions-for-children">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/screen-time-interventions-for-children</a>		
	<p><b>Intervention 2.6:</b> Increase physical activity access to the pediatric population.</p> <p><b>Evidence:</b> <a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/multi-component-obesity-prevention-interventions">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/multi-component-obesity-prevention-interventions</a></p>	<p><b>Intervention 2.6: Process Indicators</b></p> <ul style="list-style-type: none"> <li>Track # of free programs offered to promote physical activity to kids</li> <li>Track # of kids who participated in free physical activity programs</li> <li>Track # of paid programs offered to promote physical activity to kids</li> <li>Track # of kids who participated in physical activity programs (with a fee)</li> <li>Track # of paid programs promoting physical activity for parent/child</li> </ul>	<p><b>Intervention 2.6 Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2022:</b> 2 free programs <b>2021:</b> 2 free programs <b>2020:</b> 2 free programs</li> <li><b>2022:</b> 31 kids <b>2021:</b> 24 kids <b>2020:</b> 28 kids</li> <li><b>2022:</b> 6 programs <b>2021:</b> 6 paid programs <b>2020:</b> 6 paid programs</li> <li><b>2022:</b> 1,803 kids <b>2021:</b> 1,450 kids <b>2020:</b> 1,200 kids</li> <li><b>2022:</b> 1 paid program <b>2021:</b> 1 paid program <b>2020:</b> 1 paid programs</li> </ul>

		<ul style="list-style-type: none"> <li>Track # parent/child people participating in a program with a fee).</li> </ul>	<ul style="list-style-type: none"> <li><b>2022:</b> 29 parent/child participating</li> <li><b>2021:</b> 30 parent/child participating</li> <li><b>2020:</b> 15 parent/child participating</li> </ul>
	<p><b>Intervention 2.7:</b> Promote and implement Girls on the Run program in McLean County.</p>	<p><b><u>Intervention 2.7: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li>Track # of participants in the program.</li> <li>Track # of programs offered in McLean County</li> </ul>	<p><b><u>Intervention 2.7: Outcomes</u></b></p> <ul style="list-style-type: none"> <li><b>2022:</b> 76 participants</li> <li><b>2021:</b> 30 participants</li> <li><b>2020:</b> 50 participants</li> <li><b>2022:</b> 5 programs</li> <li><b>2021:</b> 1 program</li> <li><b>2020:</b> 3 programs</li> </ul>
		<p><b><u>Intervention 2.7: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>% of participants who increased physical activity</li> <li>% of participants who improved confidence and connection.</li> </ul>	<p><b><u>Intervention 2.7: Outcomes</u></b></p> <ul style="list-style-type: none"> <li><b>2022:</b> 95% increased physical activity</li> <li><b>2021:</b> did not complete survey due to COVID-19</li> <li><b>2020:</b> did not complete survey due to COVID - 19</li> <li><b>2022:</b> 100% improved confidence</li> <li><b>2021:</b> did not complete survey due to COVID -19</li> <li><b>2020:</b> did not complete survey due to COVID -19</li> </ul>

## RELATED IMPROVEMENT PLAN ACCOMPLISHMENTS

### Calendar Year 2022

- United Way of McLean County coordinated a community-wide collaborative focused on feeding our community that consisted of local restaurants, farmers, schools, healthcare, businesses and other organizations.
- In 2022, the outdoor SNAP/LINK/EBT card distributed \$16,567 in LINK and \$16,035 in LINK Match. The City of Bloomington redeemed \$15,523 in LINK and \$12,305 in LINK match.
- In November 2022, OSF St. Joseph Medical Center donated 95 jars of peanut butter for Midwest Food Bank.
- In October 2022, OSF St. Joseph Medical Center donated \$170 to Home Sweet Home Ministries for their food co-operative.
- In December, OSF St. Joseph Medical Center donated \$555 to the Boys and Girls Club for the wellbeing of their community members.
- In August 2022, the University of Illinois Extension Office donated 21 bottles of spices at the 4-H event spice drive event and donated them to Home Sweet Home Ministries.
- In 2022, the University of Illinois Extension Office held a Hunger and Health Conference focusing on food insecurity and social determinants of health. Ten people from McLean County attended.
- In 2022, 350 Town of Normal employees were given access to a personal subscription to Headspace, a mindfulness app that includes movement/workouts.
- In 2022, Faith In Action offered rides to individuals who needed the following: 929 trips to the grocery store and 92 trips to food pantries which represented 11% of the total rides they offer throughout the year.
- In 2022, OSF HealthCare sponsored Girls on the Run for \$2500 to local programming.
- In 2022, OSF St. Joseph Medical Center provided fitness center membership access to 84 adults for free.
- In 2022, OSF HealthCare sponsored (\$4000) weekly Student Health 101 emails to all student homes attending Normal Community West and Normal Community High Schools. These weekly emails promoted overall health and wellbeing education and resources to parents and students.
- In 2022, OSF St. Joseph Medical Center provided 145,665 meals to the senior population in McLean County to help reduce food insecurity and malnutrition. Survey results from the clients state the following: The person who delivers the meals is friendly and respectful: 99.36%; I eat a healthier variety of foods because I receive Peace Meal: 94.54%; As a result of receiving home delivered meals, I believe my health has improved and I feel better: 74.6%; Because I receive home delivered meals, I can continue to live in my own house: 91.64%; Because I receive home delivered meals, I feel I am better prepared to make healthful and nutritious choices: 97.1%.
- On all Fridays in April 2022, the Carle Health and Fitness Center offered free walking groups for the community with fitness coaches available and fun health education facts.

- In 2022 Carle BroMenn Medical Center’s Nurse Practice Council donated 233 jars of peanut butter and 113 boxes of crackers to benefit children in need at Glenn, Fairview, Cedar Ridge Oakdale and Oakland Elementary Schools. Ninety-two peanut butter and cracker combination snacks were also donated.
- In April 2022, the Carle Health and Fitness Center offered free full access to the center for teachers and nurses.
- In May 2022, the Carle Health and Fitness Center partnered with Marcfirst to offer a free walk at McGraw Park for individuals with disabilities.
- Sunny Side Community Garden and Food Forest (SCGFF) believes in the power of educating youth to set positive patterns for the future. By working with youth-oriented organizations such as the Boys & Girls Club of Bloomington-Normal, SCGFF has been able to meet this goal. The garden promotes education on the environment, sustainability, and healthy living through classes and hands-on activities via Boys & Girls Club summer and afterschool programs.
- In 2022, Rivian placed a garden out back near the delivery center where a variety of veggies are planted each year. They harvest from the garden weekly during the summer and take 40-50 veggie baskets on a weekly basis to different team rooms around the plant floor for employees to use.
- In 2022, United Way of McLean County donated 2,062 food boxes to the community. A total of 13,690 food boxes were donated between 2020-2023.

**The following organization received grants in 2022 for implementation in 2022/2023 or FY23 (May 1, 2022– April 30, 2023) from the John M. Scott Health Care Commission. Although the grants are tied to the health priorities selected for the 2019 McLean County Community Health Needs Assessment, the grant programs will also apply to the 2022 McLean County Community Health Needs Assessment and 2023 – 2025 McLean County Community Health Improvement Plan as the health priorities are the same. The data below is for May 1, 2022 – October 31, 2022 from the John M. Scott Health Care Commission mid-term reports submitted by the grantee.**

- West Bloomington Revitalization Project received a grant to support programs in West Bloomington that support healthy eating and active living, shirk the surrounding food desert and improve the built environment to promote exercise. 211 people were served during the above timeframe.

#### **Calendar Year 2021**

- In September 2021, Carle Health embedded a two-question food insecurity screening in EPIC for home health and hospice patients in all of its regions, including McLean County. Food insecure patients are referred to local food pantries.
- In 2021, for the outdoor SNAP/LINK/EBT card, they distributed 2.6 times more LINK Match coupons than 2020; Redeemed 2.2 times more coupons than 2020; Redeemed 973 more Green Top Grocery coupons; Sold 2.5 times more LINK token than 2020. Average purchase was \$25 per transaction.
- In 2021, Mid Central Community Action provided \$10,000 for distribution of healthy snacks to the children at the Boys and Girls Club.
- In 2021, Mid Central Community Action provided \$10,000 for grocery distribution to non- English speaking community members at Western Avenue Community Center.
- In 2021, Mid Central Community Action revamped the food pantry, ensured healthier options are available for tenants and offered menus and education materials at Mayors Manor.

- In 2021, Chestnut partnered with OSF HealthCare on a Department of Healthcare and Family Services Transformation Project which will provide (among other things):
  - A Coordinator position focused on creation of mobile health services and development of programming to address healthy eating and other social determinants of health.
  - Funding for a partnership between Home Sweet Home Ministries and Chestnut Family Health Center for the expansion of Food Farmacy benefits to Chestnut primary care patients.
- In 2021, United Way of McLean County donated 3700 food boxes (100,000+ meals) to the community. United Way coordinated community efforts to raise \$60,000 to go toward these efforts.
- In 2021, Illinois Extension Office distributed 286 garden bags to McLean County residents as part of the Garden in a Bag program. Garden in a Bag targeted audiences with low food access and limited gardening space who were interested in the benefits of gardening and learning how to prepare homegrown foods.
- In 2021, District 87 donated 572,933 meals to kids and their families in the community.
- In 2021, OSF HealthCare sponsored Girls on the Run for \$2500 to local programming. 30 kits were provided to Cedar Ridge Elementary school to promote physical activity.
- In 2021, OSF St. Joseph Medical Center provided fitness center membership access to 37 adults for free.
- OSF HealthCare sponsored 7 healthy eating/active living commercials through PBS that aired in McLean County in 2021. The Center for Healthy Lifestyles team developed the content and was featured on the commercials.
- In 2020 and 2021, the Center for Healthy Lifestyles partnered with The Links Inc to provide recorded nutrition education for their website specific to health concerns associated with the African American/Black population.
- In 2021, Homes of Hope developed a PILOT Program during the pandemic shut down called the TECH Program. It was used for Zoom calls to remain connected to loved ones. Residents could look up healthy recipes and help prepare them. The CALM app was purchased for each laptop, which was an immense help. Residents were able to enjoy the things they love such as: watching car racing on the laptop, dancing (which they participate in), all the Frozen videos you can imagine, movies and more. Funding for another year of this program was received.
- In 2021, forty low-income, Westside families participated in the second summer of the Healthy Eating program. Every week for 26 weeks families received a Community Supported Agriculture share from PrairiErth Farm (Atlanta, IL) along with a newsletter with recipes and other health-related information. Surveys and focus groups were conducted with participants. The program was generously funded by the John M. Scott Health Commission.
- In 2021 OSF HealthCare asked a series of social determinants of health (SDoH) questions to their patients annually. Two questions are related to food security. SmartMeals and/or local food pantry information is provided if patients state they are food insecure.
- In 2021 OSF HealthCare employees donated \$145 to Home Sweet Home Ministries to use toward the wellbeing of their residents.

- In 2021 OSF HealthCare sponsored weekly Student Health 101 emails to all student homes attending Normal Community West and Normal Community High Schools. These weekly emails promoted overall health and wellbeing education and resources to parents and students.
- In 2021 OSF HealthCare provided 112,846 meals to the senior population in McLean County to help reduce food insecurity and malnutrition. Survey results from the clients state the following: The person who delivers the meals is friendly and respectful: 99.18%; I eat a healthier variety of foods because I receive Peace Meal: 88.9%; As a result of receiving home delivered meals, I believe my health has improved and I feel better: 73.45%; Because I receive home delivered meals, I can continue to live in my own house: 89.63%; Because I receive home delivered meals, I feel I am better prepared to make healthful and nutritious choices: 94.63%.
- In 2021 Food Access/Food Pantry Committee partnered with the local food pantries to provide education to their clients.
- In 2021 HEAL Committee started an Eating Disorders Committee and met twice.

**The following organizations received grants for implementation in 2022 from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2019 McLean County Community Health Needs Assessment. The data below is for June 1, 2021 – December 31, 2021.**

- OSF HealthCare became sponsor of the Peace Meal Senior Nutrition Program in December 2020 and continued to offer the program through December 2021.

#### **West Bloomington Revitalization Project (WBRP)**

- The WBRP Bike Co-op gives "Pedal Prescriptions" to youth-serving organizations. The designated leader gives away a "prescription" to a youth they think would get more exercise if they had a bike. For example, a school nurse might identify a child who would enjoy biking and who needs a new bike that fits her/his height. Families take a baseline data "application" then get a gift card for a free bike from the co-op. WBRP then follows up with the youth to see if they used the bike for more exercise. In 2020, 70 bikes were given away. This program ended in 2020, but in 2021 the Bike Co-Op through WBRP continued to provide low-cost bikes to the community.
- In 2021, 40 Westside families received free Community Supported Agriculture shares from PrairiErth Farms. John M. Scott Health Care Commission grant funds paid for these shares. PrairiErth delivered the boxes to WBRP for pick-up so it was convenient for families.

#### **Calendar Year 2020**

- United Way of McLean County donated 150,000 meals. These were distributed to families experiencing hunger, through "Feeding BN and Beyond", an initiative in partnership with other local entities. Also, 2,500 holiday food boxes were distributed to families in December, in partnership with the Tinervin Family Foundation.



- In 2020, Carle Health collaborated with Central Illinois Produce to provide free produce and/or dairy boxes to Carle employees. Starting in August, Carle BroMenn Medical Center received 50 boxes available to Carle BroMenn Medical Center employees at no cost. Twenty-five of the boxes were produce boxes containing 20 pounds of fruits and vegetables and 25 were dairy boxes containing seven pounds of dairy products.
- In October 2020, Carle BroMenn Medical Center collected \$295 in grocery store gift cards from employees and volunteers to donate to the Center for Hope and Temba Food pantries. Staff at the pantries used the gift cards to purchase fresh produce and other fresh food for clients during the winter months. The hospital supplemented the gift cards with a \$1000 in-kind donation.
- District 87 donated 246,854 meals (breakfast and lunch) for students April through December 2020 and they donated 35,414 leftover meals to Midwest Food Bank for distribution.
- OSF HealthCare donated 264 pounds of produce to Home Sweet Home Ministries due to an employee fresh food drive in October 2020.
- Heartland Head Start donated 12,325 free meals (breakfast, lunch, snack) to children under age 18 from 3/17- 6/30/2020.
- PNC Bank sponsored a \$18,500 grant to Heartland Head Start to donate family meal boxes for COVID-19 relief.
- OSF HealthCare sponsored 'Girls on the Run' program for District 87 for \$2,500 in Spring 2020.
- HEAL Priority Action Team partnered with the Illinois Extension Office to form a Food Pantry Committee that consisted of five local food pantries, local hospitals, and dietitians to provide guidance and education to promote healthier food choices at their food pantries.
- OSF HealthCare sponsored weekly Student Health 101 emails to all student homes attending Normal Community West and Normal Community High Schools. These weekly emails promoted overall health and wellbeing education and resources to parents and students.
- OSF HealthCare donated 300 water bottles to BN Parents to distribute to junior high school students in Unit 5 to promote drinking water to stay healthy. Five hundred educational handouts were donated.
- In 2020, Carle BroMenn Medical Center Mission and Spiritual Care gave 16 food boxes to food insecure patients. The food boxes were donated by Eastview Christian Church.
- In 2020, Chestnut Family Health Center offered a 6-month virtual diabetes MESSAGES program to five adult patients. Wellness coach provided support and accountability to assist clients with making physical activity and healthy eating behavior changes.

**The following organizations received grants for implementation in 2020 from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2019 McLean County Community Health Needs Assessment. The data below is for June 1, 2020 – December 31, 2020.**

- Normal First United Methodist Church: Capital equipment and operations for School Street Food Pantry, plus related efforts to improve food security among all local college students. With John M. Scott grant funds, a professional grade double door refrigerator and a professional grade freezer were purchased. John M. Scott grant funds were also used to purchase protein products in bulk (meat/vegetarian items). During the summer the pantry

averaged 80 students a week; during the school year numbers fluctuated between 90 and 105 students each week. The pantry posts recipes and nutrition information on our social media sites on a weekly basis as well as notifications about upcoming food mobiles.

- In 2020, Sarah Bush Lincoln provided 191,714 meals for 1,193 persons through Peace Meal, and 629 emergency boxes were provided. OSF HealthCare became the sponsor of Peace Meal on December 1, 2020.

#### **West Bloomington Revitalization Project (WBRP)**

- The WBRP Bike Co-op gives "Pedal Prescriptions" to youth-serving organizations. The designated leader gives away a "prescription" to a youth they think would get more exercise if they had a bike. For example, a school nurse might identify a child who would enjoy biking and who needs a new bike that fits her/his height. Families take a baseline data "application" then get a gift card for a free bike from the co-op. WBRP then follows up with the youth to see if they used the bike for more exercise. In 2020, 70 bikes were given away.
- In 2020, 40 Westside families received free grocery delivery for one year. The goal of this is to see if having groceries delivered makes an impact on the shopping and eating habits of families. Follow up surveys and focus groups have been conducted.
- In 2020, 40 Westside families received free Community Supported Agriculture shares from PrairiErth Farms. John M. Scott grand funds paid for these shares. PrairiErth delivered the boxes to WBRP for pick up so it was convenient for families.

#### **The following organizations received grants for implementation from Invest Health in 2020. The grants are tied to the health priorities selected for the 2019 McLean County Community Health Needs Assessment. The data below is for April – December 2020.**

- West Bloomington Revitalization Project: Programs in west Bloomington that support healthy eating and active living, shrink the surrounding USDA food desert, and improve the built environment to promote exercise. Twenty families received 26 weeks of fruits and vegetables, and have groceries home delivered. These families consumed healthier meals, cooked at home, and increased the servings of fruits and vegetables
- Sunnyside Gardens donated 2,134 pounds of produce in 2020.

*\*The Four Organizations comprising the McLean County Executive Steering Committee—Carle BroMenn Medical Center, Chestnut Health Systems, the McLean County Health Department and OSF St. Joseph Medical Center—are all implied resources/partners for Healthy Eating/Active Living.*

## 2020–2022 McLean County Community Health Improvement Plan Outcome and Impact Objective Comparison Summary

**Green** – Improvement in data from baseline to most recent data available

**Yellow** – No substantial change in data from baseline to most recent data available

**Red** – Value for most recent data available is worse than it was at baseline

HEALTH PRIORITY: BEHAVIORAL HEALTH		
<b>GOAL</b>	Advance a systemic community approach to enhance behavioral health and well-being by 2023.	
<b>OUTCOME OBJECTIVE:</b>	<p><b>OUTCOME OBJECTIVES: By 2023, reduce the number of deaths due to suicide. By 2023, reduce the death rate due to drug poisoning.</b></p> <p><u>Baseline</u></p> <ul style="list-style-type: none"> <li>16 deaths due to suicide, McLean County Coroner’s Office, 2018.</li> <li><b>28</b> deaths due to suicide, McLean County Coroner’s Office, 2021</li> <li>13.3 deaths/100,000 population, Conduent Healthy Communities Institute, County Health Rankings, 2014-2016</li> <li><b>12.9</b> deaths/100,000 population, Conduent Healthy Communities Institute, County Health Rankings 2018 - 2020</li> </ul>	
<b>THREE YEAR MEASURES</b>	<b>Baseline Data</b>	<b>Updated Comparison Data</b>
<b>Impact Objective #1:</b> By 2023, increase the percent of McLean County residents	An average of 31% of 8 <sup>th</sup> , 10 <sup>th</sup> and 12 <sup>th</sup> grader students reported feeling so sad or hopeless almost every day	<b>35%</b> (Illinois Youth Survey, 2022)

<p>reporting good mental health and feeling less sad, depressed, stressed or anxious.</p>	<p>for two weeks or more in a row that they stopped doing some usual activities (Illinois Youth Survey, 2018)</p> <p>Residents reported that their mental health was not good 3.6 days in the past 30 days (Conduent Healthy Communities Institute, County Health Rankings, 2016)</p> <p>28% of survey respondents reported their overall mental health as good (McLean County Community Health Survey, 2018)</p> <p>21% of survey respondents reported feeling depressed for 3 or more days in the 30 days prior to the survey (McLean County Community Health Survey, 2018)</p> <p>60% of survey respondents reported that they did not feel stressed or anxious on any day in the 30 days prior to the survey (McLean County Community Health Survey, 2018)</p>	<p><b>4.3</b> days (Conduent Healthy Communities Institute, County Health Rankings, 2019)</p> <p><b>24%</b> (McLean County Community Health Survey, 2021)</p> <p><b>23%</b> (McLean County Community Health Survey, 2021)</p> <p><b>53%</b> (McLean County Community Health Survey, 2021)</p>
<p><b>Impact Objective #2:</b> By 2023, decrease the percent of McLean County residents reporting heavy or binge drinking and the use of any type of substance.</p>	<p>50% of 12th grade students reported that they have used any type of substance in the past year (Illinois Youth Survey, 2018)</p> <p>22.6% of adults reported heavy or binge drinking (County Health Rankings, 2016)</p>	<p><b>43%</b> (Illinois Youth Survey, 2022)</p> <p><b>15.3%</b> of adults reported binge drinking (Conduent Healthy Communities Institute, CDC – Places, 2020), note different source</p>

	<p>15% of survey respondents reported using a substance one or more times/day (McLean County Community Health Survey, 2018)</p> <p>26% of 12<sup>th</sup> grader students reported using electronic cigarettes 1 or more times in the past 30 days (Illinois Youth Survey, 2018)</p> <p>18% of 12<sup>th</sup> grade students reported using marijuana 1 or more times in the past 30 days (Illinois Youth Survey, 2018)</p> <p>13.3 deaths/100,000 population are due to drug poisoning (Conduent Healthy Communities Institute, County Health Rankings, 2014-2016)</p>	<p>Comparison data is not available due to the substance use questions changing from the 2018 to the 2021 survey.</p> <p><b>10%</b> (Illinois Youth Survey, 2022)</p> <p><b>14%</b> (Illinois Youth Survey, 2022)</p> <p><b>16.1</b> deaths (Conduent Healthy Communities Institute, County Health Rankings, 2018 – 2020)</p>
<p><b>Impact Objective #3</b></p>		
<p>By 2023, increase access to behavioral health services in McLean County.</p>	<p>10% of McLean County residents reported that they needed counseling and were not able to get it (McLean County Community Health Survey, 2018)</p>	<p><b>17%</b> (McLean County Community Health Survey, 2021)</p>

HEALTH PRIORITY: ACCESS TO CARE		
<b>GOAL:</b>	Ensure appropriate access to care to improve the health and well-being of our residents, neighborhoods and county by 2023.	
<b>OUTCOME OBJECTIVES:</b>	<p>By 2023, reduce the percentage of individuals utilizing McLean County hospital emergency rooms for non-emergent conditions.</p> <p><b>Baseline</b></p> <ul style="list-style-type: none"> <li>19% of McLean County residents identified as “at risk” (Medicaid Population) reported the emergency department as their choice of medical care (McLean County Health Survey, 2018).</li> <li><b>16%</b> of McLean County residents identified as “at risk” (Medicaid Population) reported the emergency department as their choice of medical care (McLean County Community Health Survey, 2021)</li> </ul>	
<b>THREE YEAR MEASURES</b>	<b>BASELINE DATA</b>	<b>UPDATED COMPARISON DATA</b>
<p><b>Impact Objective #1</b> By 2023, decrease the number of McLean County residents identifying the emergency department as choice of medical care.</p>	<p>19% of the at-risk population Identified the emergency room as their primary choice of medical care (McLean County Community Health Survey, 2018)</p> <p>3% of the general population identified the emergency room as their primary choice of medical care (McLean County Community Health Survey, 2018)</p>	<p><b>16%</b> (McLean County Community Health Survey , 2021)</p> <p><b>4%</b> - “general” population (McLean County Community Health Survey, 2021)</p>
<p><b>Impact Objective #2:</b> By 2023, increase the number of McLean county residents indicating they have access to a dentist.</p>	<p>46% of respondents reported “no insurance” as their reason for inability to access dental care (McLean County Community Health Survey, 2018)</p>	<p><b>45%</b> (McLean County Community Health Survey, 2021)</p>

	<p>35% of respondents reported “could not afford co-pay” as their reason for inability to access dental care (McLean County Community Health Survey, 2018)</p> <p>85 individuals visited an emergency department in McLean County for oral health disorders. (Advocate BroMenn Medical Center and OSF St. Joseph Medical Center, 2017)</p>	<p><b>37%</b> (McLean County Community Health Survey, 2021)</p> <p><b>194</b> individuals (Carle BroMenn Medical Center, 2020) Note – does not include OSF St. Joseph Medical Center data)</p>
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## HEALTH PRIORITY: HEALTHY EATING/ACTIVE LIVING

<b>GOAL:</b>	Promote healthy eating and active living to strengthen the health and well-being of our community by 2023.	
<b>OUTCOME OBJECTIVES:</b>	<p>By 2023, maintain or increase the percentage of people living at a healthy body weight in McLean County.</p> <p><b>Baseline</b></p> <ul style="list-style-type: none"> <li>Adults: 32% of McLean County adults are classified as obese (IBRFSS, 2010-2014); (IL: 31.6%; U.S.: 29.9%; Healthy People 2020 target: 30.5%).  <b>34%</b> (County Health Rankings, 2022) *note different source</li> <li>Adolescents: 9% of 8<sup>th</sup> graders, 10% of 10<sup>th</sup> graders, 10% of 12<sup>th</sup> graders in McLean County are obese (Illinois Youth Survey, 2018)</li> <li><b>10%</b> (Illinois Youth Survey, 2022)</li> </ul>	
<ul style="list-style-type: none"> <li><b>THREE YEAR MEASURES</b></li> </ul>	<b>BASELINE DATA</b>	<b>UPDATED COMPARISON DATA</b>
<p><b>Impact Objective #1</b> By 2023, increase opportunities for healthy eating.</p>	<p>Food Environment Index: 7.6 (out of 10) (IL: 8.7) (Conduent Healthy Communities Institute, County Health Rankings, 2018)</p> <p>Food insecurity rate: 12.1% (Conduent Healthy Communities Institute, Feeding America, 2016) (IL: 11%)</p> <p>16.9% could use help getting food from food pantries/banks; 12% could use help with having enough food at home (2018 Client Survey)</p> <p>Fruit/Vegetable Consumption:</p>	<p><b>8.1</b> (County Health Rankings, 2022)</p> <p><b>9.2%</b> (Conduent Healthy Communities Institute, Feeding America, 2020).</p> <p>Updated data not available</p>



	<p><i>Adults:</i> “On a typical day, how many servings of fruits/vegetables do you eat?” None: 5%; 1-2: 50% 3-5: 39%; over 5: 6% (McLean County Community Health Survey, 2018)</p> <p><i>Adolescents (average of 8<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup> graders):</i> Eat 4 or more fruits/day: 9%; Eat 4 or more vegetables/day: 7% (IL Youth Survey, 2018)</p>	<p>None: <b>5%</b>; 1-2 servings: <b>50%</b>; 3-5 servings: <b>39%</b>, over 5 servings: <b>6%</b> (McLean County Community Health Survey, 2021)</p> <p><b>7%</b> eat 4 or more fruits/day <b>7%</b> eat 4 or more vegetables/day (Illinois Youth Survey, 2022)</p>
<p><b>Impact Objective #2</b> By 2023, increase opportunities for active living.</p>	<p>Access to exercise opportunities: <i>Adults:</i> 83.6% have access (IL: 91.3%) (Conduent Healthy Communities Institute, County Health Rankings, 2018)</p> <p>Physical Activity: <i>Adults:</i> 23.5% did not participate in any leisure-time physical activities in the past month (Conduent Healthy Communities Institute, County Health Rankings, 2015)</p> <p><i>Adolescents (average of 8<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup> graders):</i> 22% were physically active for at least 60-minutes for 5 days, during the past 7 days. (IL Youth Survey, 2018)</p>	<p><b>78.8%</b> (Conduent Healthy Communities Institute, County Health Rankings, 2022)</p> <p><b>24%</b> (County Health Rankings, 2022)</p> <p><b>21%</b> (Illinois Youth Survey, 2022)</p>