



100 Ways Charitable Gifts Make a Difference at Carle

A gift from a friend nearly a century ago helped the city of Urbana establish a community hospital. Today, that gift is the cornerstone of Carle.

Thanks to the generosity of thousands of individuals, charitable gifts have made literally hundreds of things possible at Carle from facilities and equipment to programs, education and research. **To put it simply, charitable giving to Carle makes the healthcare experience better for patients, their families and our community.**

Philanthropy remains an important part of Carle. When you combine charitable giving with healthcare excellence, you get a legacy that touches the lives of nearly everyone who enters Carle. Look inside and discover 100 ways charitable gifts to Carle make a difference.



The Carle Development Foundation

For hospital patients, charitable gifts to Carle:

1. Provide **state-of-the-art hospital beds**
2. Supply **blanket warmers** for hospital units
3. Purchase **hand-held Dopplers** for quickly and easily detecting heartbeats and monitoring blood flow on patients in the Emergency Department
4. Relieve stress and support effective pain management through the **CARE Channel**, the only evidence-based, 24-hour relaxation program produced specifically for patient television
5. Purchase **roses for patients** admitted to the hospital
6. Pay for **rides to and from the hospital** for those with no means of transportation
7. Provide **medical equipment and supplies for home care patients** with limited income
8. Cover **one-time assistance with medications** for low-income patients
9. Provide **gas cards** for long-distance, low-income patients
10. Purchase **phone cards** for low-income patients
11. Assist in the creation of the **Carle Digestive Health Center**, a 40,000-square-foot facility offering state-of-the-art technology and procedural areas
12. Fund **HIV education and support services**
13. Cover the costs associated with **art therapy** to help patients cope with symptoms, stress and traumatic experiences
14. Support **equine-assisted therapy** to improve the physical, cognitive, social and emotional well-being of patients with special needs

For families of hospital patients, charitable gifts to Carle:

15. Offset the operational costs of the **Carle Auxiliary Guest House**, a FREE home-away-from-home respite for more than 1,000 guests each year with critically ill loved ones in Carle Foundation Hospital
16. Purchase **comfy settees for overnight stays** in hospital rooms
17. Create a more **comforting environment in the critical care family lounges** through artwork, lighting and other “homey” touches
18. Provide **Busy Bags** filled with items to entertain kids at the hospital
19. Fund **care bags** packed with items to ease stress and make extended hospital stays more comfortable
20. Support a **coaster paging system** in the surgical waiting area and Mills Breast Cancer Institute
21. Fund the **surgical waiting room’s nurse liaison**, a nurse who acts as a link between the operating room, our patients and their families, offering support, education and customer service

22. Relieve suffering and promote quality of life through **Palliative Care**, a program designed to coordinate care for patients with multiple ailments and who cannot be cured of their diseases
23. Sustain **hospice services** for residents in Champaign, Piatt and Vermilion counties, as well as in the Gibson City and Watseka areas
24. Support the hospital’s **Pastoral Care Department** in its mission to use spiritual resources to restore meaning, purpose and wholeness at a time of sickness, crisis or death
25. Purchase **meals** for financially strapped families
26. Cover **lodging expenses** for low-income families when the Guest House is not available
27. Provide **refreshments for visitors and families** waiting on patients in surgery/treatment
28. Pay for **magazines in waiting rooms**

For cancer patients, charitable gifts to Carle:

29. Support the **Mills Breast Cancer Institute**, a holistic medical center dedicated to helping patients with breast cancer heal through innovative services and programs
30. Create the **Meditation Room at Mills Breast Cancer Institute**, a tranquil space for quiet reflection and private conversation
31. Establish the **Linda Mills Legacy Garden**, a sanctuary providing a connection with nature that can promote healing
32. Sponsor **weekly, live musical performances** in the atrium of Mills Breast Cancer Institute to help lift the spirits of patients, caregivers and medical staff
33. Give **mastectomy and lumpectomy patients a special care bag** designed to ease their fears and aid in their comfort and recovery
34. Enhance **treatment areas for cancer patients** by creating a more comfortable and inviting space that promotes a healing attitude
35. Support **biomedical research studies and clinical trials** related to cancer
36. Fund the **Carle Foundation Hospital-Beckman Institute Fellowship**, a program dedicated to investigating options to provide new diagnostic tools to physicians and cancer patients
37. Sponsor **Write to Heal**, a therapeutic writing group that encourages women with breast cancer to commit their feelings to paper

For children, charitable gifts to Carle:

38. Help children learn to cope with the death of a loved one through **Camp Healing Heart**, the only camp of its kind in east central Illinois hosted by Carle Hospice
39. Send kids with diabetes to **Camp GranADA**, a summer camp hosted by the American Diabetes Association
40. Purchase **portable DVD players and movies** for young patients, making a hospital stay less frightening and maybe even fun
41. Give kids with cancer **toys, games and celebrations** to recognize milestone accomplishments, like their last chemo treatment
42. Send kids with cancer and blood disorders to **Camp COCO**, a special week-long camp where these kids can enjoy a traditional summer camp experience under the watchful eye of health professionals
43. Purchase new **toys and games** for the hospital's Pediatrics Unit
44. Send kids with Crohn's disease to **summer camp**
45. Pay for special events like **movie nights and pizza parties** for pediatric patients
46. Convert exam rooms in the Emergency Department into **child-friendly medical spaces**
47. Aid Carle's **child life specialists** as they educate, prepare and support children through difficult tests and procedures that are often associated with hospital stays
48. Encourage reading through a **pediatric reading program**
49. Help pediatric patients tell the story of their healthcare journey in a tangible and visual way by collecting **Bravery Beads** to form a necklace that documents and honors their experience
50. Educate and support young patients and their families dealing with **food allergies**

For new parents, charitable gifts to Carle:

51. Provide **breastfeeding equipment** for low-income moms
52. Give **Infant Anytime CPR kits** to parents of preemies
53. Offer **baptismal gowns** for critically ill newborns
54. Pay for **memory books** for parents suffering newborn loss
55. Furnish the **Rooming Out Room**, giving parents of neonatal babies supervised transition time in a home-like setting before going home with their baby
56. Fund the **All About Baby program** take-home education DVD set
57. Provide **infant car seats** for low-income families
58. Purchase **special infant beds** for the Neonatal Intensive Care Unit that convert the baby's bed from incubator to radiant warmer, thus eliminating the stress of moving critically ill infants

For hearing & visually impaired individuals, charitable gifts to Carle:

59. Create the **ECHO Building**, a facility devoted to pediatric hearing services and the Carle Auditory Oral School
60. Provide **loaner hearing aids** to patients whose devices are in need of repair
61. Purchase **wooden playground equipment** that does not produce static so that students from the Carle Auditory Oral School can play safely without fear of damaging their cochlear implant
62. Pay for **state-of-the-art classroom technology** for kids with hearing difficulties enrolled in the Carle Auditory Oral School
63. Furnish the **counseling and lending library space** in the ECHO Building
64. Provide **equipment and training for visually impaired individuals**

For rehabilitation patients, charitable gifts to Carle:

65. Pay for **inpatient leisure group activities** such as craft supplies, laptops, DVD players, movies and games
66. Send adults with brain injuries to **The Wilderness Endeavor Camp** and kids with brain injuries to **Camp Fun Zone**, a weeklong camp hosted by the Brain Injury Association of Illinois
67. Purchase **exercise equipment** to help heart patients recover and reduce the risk of future heart problems
68. Give patients recovering from devastating illness or injury **opportunities for socialization** and prepare them for their transition back home

For community members, charitable gifts to Carle:

69. Provide space in the **Biomedical Research Center** for researchers interested in combining scientific research with clinical practice
70. Connect specialists at Carle with healthcare providers and patients in rural communities through **telemedicine equipment**
71. Purchase **defibrillators** for area community agencies
72. Promote agricultural health and safety to our rural neighbors and prepare emergency providers to respond quickly and effectively to farming incidents and injuries through the **Center for Rural Health & Farm Safety**
73. Integrate faith and medical communities through the **Community Parish Nurse Program**, an award-winning, nationally recognized program—the largest of its kind in the country and located right here in east central Illinois

74. Teach kids ages 11 to 13 basic child care and life-saving skills through **Safe Sitter classes**
75. Fund **scholarships** for students entering medical professions
76. Sponsor **educational programs** for women at mid-life
77. Provide **asthma education** and support for low-income adults through a partnership with Frances Nelson Health Center
78. Train **hospice volunteers** to deliver medical, emotional and spiritual care designed to help patients with limited life expectancies live each day as fully and comfortably as possible
79. Fund dozens of **support groups** for cancer, pulmonary rehab and other patients and families
80. Offset the cost of **dental care** for our community's low-income families through a partnership with Frances Nelson Health Center
81. Purchase **eyeglasses** for low-income individuals in partnership with Frances Nelson Health Center
82. Provide **prenatal care** for women with financial needs
83. Fund **clinical studies in gastrointestinal diseases** like Crohn's disease to further our understanding and search for effective treatments
84. Support **heart disease research**, including a study focused on cellular, structural and molecular changes that contribute to the rejection of coronary bypass grafts
85. Fund **neuroscience research**, including an investigation of selective brain cooling to treat stroke, cardiac arrest, head trauma and seizure disorders like Parkinson's disease
86. Fund **sports medicine research**, including a study focused on improving the assessment and outcomes of mild traumatic brain injury related to sporting events
87. Improve **patient care for spine injury patients** by providing continuing education for patients and physicians at Carle and surrounding areas

For continuing medical education, charitable gifts to Carle:

88. Purchase **periodicals, books and equipment** for the hospital's medical library
89. Fund the **surgical skills laboratory**, an area designated for the training of surgeons
90. Create a **tissue repository**, which will enable local physicians and scientists to continue their search for better ways to diagnose, treat and hopefully cure many diseases
91. Cover costs for nursing staff to attend **medical conferences** and obtain certifications in medical specialties such as critical care
92. Publish **Carle Selected Papers**, a biannual medical journal featuring articles on new techniques or procedures, significant research findings, healthcare policy and administrative topics, topic reviews and trends in medicine and healthcare
93. Purchase **computers** for medical residents
94. Train **family practice residents** in prenatal care through a rotation at Frances Nelson Health Center
95. Buy advanced **patient care mannequins** to help train nurses, health technicians and other clinical personnel
96. Provide the resources needed to meet external accreditation standards for **Graduate Medical Education**
97. Partially fund the **Family Medicine Residency**, an accredited, community-based, university-affiliated, three-year program
98. Subsidize the **Internal Medicine Residency**, an accredited program that combats physician shortages by preparing resident physicians
99. Support the **Oral Surgery and Maxillofacial Residency**, a fully accredited, four-year advanced education program
100. Prepare select graduates from both Internal Medicine and Family Medicine Residency to care for the aging population through a **Geriatric Fellowship**



The Carle Development Foundation

To learn more about charitable giving at Carle or to make a donation, visit www.carle.org/give or call The Carle Development Foundation at **(217) 383-3021**.