

# McLean County Community Health Council

## 2020-2022 McLean County Community Health Improvement Plan Summary Report



BroMenn Medical Center



**McLean County**  
**Health Department**

*Healthy People • Healthy Places*



**CHESTNUT**  
HEALTH SYSTEMS™



**OSF® HEALTHCARE**  
St. Joseph  
Medical Center

TOGETHER

**we  
are**

BETTER

# Overview of the McLean County Community Health Needs Assessment and Community Health Improvement Plan Process

## Step 1

**Administered a community health survey to seek input from McLean County residents.**

- Offered online in English and Spanish
- Paper copies distributed to organizations working with the underserved population

## Step 2

**Conducted the 2019 McLean County Community Health Needs Assessment (CHNA) and prioritization process with input from the McLean County Community Health Council (MCCHC).**

- 58 members from over 39 organizations from 11 sectors
- Three health priorities were selected by the MCCHC
  - Access to care
  - Behavioral health
  - Healthy eating/Active living

## Step 3

**Completed the 2022 McLean County CHNA and posted it on the websites of the four organizations who conducted the CHNA.**

- Carle BroMenn Medical Center
- Chestnut Health Systems
- McLean County Health Department
- OSF St. Joseph Medical Center

## Step 4

**Met with the priority action teams consisting of key community stakeholders to determine the high-level goal for each health priority.**

## Step 5

**Developed the 2020 – 2022 McLean County Community Health Improvement Plan (CHIP) with substantial input from the priority action teams.**

- Included strategies, interventions, related social determinants of health, resources and partners and impact and outcome objectives
- Posted the CHIP on the website of the four organizations stated above

## Step 6

**Implemented the CHIP over a three-year period.**

## Step 7

**Completed annual progress reports for 2020, 2021 and a 3-Year Progress Report and summary document.**

## Step 8

**Began the cycle again for the 2022 CHNA and 2023 – 2025 CHIP (links to reports on page 6).**

## Local Funding for Local Organizations

In 2020 – 2022, \$1,587,156 of John M. Scott Health Care Commission grants were awarded to agencies for Category II grants which were tied to the health priorities outlined in the 2020 – 2022 McLean County CHIP.

# Behavioral Health Strategies

## Strategy 1

1

Support educational programs and media campaigns aimed at reducing behavioral health stigma, increasing mental health awareness and/or improving mental health status.

## Strategy 2

2

Support drug and alcohol educational programs and collaborative coalitions to increase knowledge and decrease substance use.

## Strategy 3

3

Increase access to behavioral health services at various sites within the community.

## Behavioral Health Highlights

- **9,227 students participated in Ending the Silence presentations.**
  - Helps middle and high school aged youth learn about the warning signs of mental health conditions
- **17 instructors trained to teach Mental Health First Aid (MHFA) and nearly 700 community members participated in MHFA courses.**
- **2,371 students received counseling services through the Embedded School and Community Based Services Program.**
  - Clinicians are embedded in schools to increase access to mental health services for students.
- **A total of 663 individuals participated in the Behavioral Health Forums in 2020, 2021 and 2022.**
- **7,486 students participated in Too Good for Drugs (A substance use prevention program).**
- **The McLean County Triage Center (now Behavioral Health Urgent Care) opened in 2020 increasing access to behavioral health services.**

# Access to Care Strategies

**Strategy 1**

Support assertive linkage navigation/ engagement programs which link lower-income community members with a medical home.

**Strategy 2**

Increase the capacity of organizations providing dental services to low-income residents of McLean County.

**Strategy 3**

Increase access and availability of transportation to/ from healthcare services for low-income McLean County residents.

**Strategy 4**

Increase access and availability of community-based services for low-income McLean County residents.

## Access to Care Highlights

- **The west Bloomington Carle Mobile Health Clinic pilot was launched in April, 2021 at Woodhill Towers. Collaborative partners included the Bloomington Housing Authority, OSF St. Joseph Medical Center, McLean County Health Department and the Tinervin Foundation. Three hundred and forty-five patients were served between April 2021 and December 2022.**
- **The number of dental visits at the McLean County Health Department and the Community Health Care Clinic for uninsured or underserved individuals increased from 4,091 visits in 2020 to 5,071 visits in 2022.**
- **There was an average of an 85% reduction in emergency room visits for the Community Health Care Clinics Coordinating Appropriate Access to Comprehensive Care (CAATCH) program.**
  - CAATCH is an emergency room navigation program for navigators and/or care coordinators to engage those without a primary care home.
- **The proportion of McLean County residents identified as "at risk" (Medicaid Population) reporting the emergency department as their choice of medical care decreased from 19% in 2018 to 16% in 2021.**
- **Central Illinois Friends began offering services at the Community Health Care Clinic in 2021 expanding access to HIV and sexual health services.**
- **The McLean County Triage Center (now Behavioral Health Urgent Care) opened in 2020 increasing access to behavioral health services.**

# Healthy Eating/Active Living Strategies

**Strategy 1**

Support, promote and educate the community about the availability and accessibility of fruits and vegetables in McLean County.

**Strategy 2**

Increase access to healthy foods.

**Strategy 3**

Promote active living in the workplace and community.

**Strategy 4**

Promote active living in the pediatric population.

## Healthy Eating /Active Living Highlights

- **The food insecurity rate for McLean County decreased from 12.1% in 2016 to 9.2% in 2020.**
- **Over 5,000 SmartMeals were distributed.**
  - SmartMeals are healthy, easy to prepare meals, in a bag.
- **Over 4,500 people participated in programs related to preparing healthy food.**
- **Over 2,000 school-aged children participated in the 5-2-1-0 Campaign.**
  - A campaign to encourage children to eat  $\geq 5$  servings of fruits and vegetables, view  $\leq 2$  h of screen time, participate in 1 hour of physical activity, and consume 0 sugar-sweetened beverages daily
- **A Food Pantry Network began meeting in 2020 to share best practices for providing healthier foods options and education to participants.**
- **94% of Matter of Balance participants reported "feeling a reduction in a fear of falling".**
- **Over 12,000 pounds of fresh produce was donated from community gardens for distribution to community members.**
- **156 elementary school aged girls participated in nine Girls on the Run programs offered throughout the community.**
- **United Way of McLean County coordinated a community-wide collaborative focused on feeding our community that consisted of local restaurants, farmers, schools, healthcare, businesses, and organizations.**

# **Thank you** to all of our collaborative partners! We look forward to our continued work for the **2023 – 2025 McLean County CHIP.**

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## **McLean County Community Health Council and Priority Action Team Members**

<b>Black Business Association</b>	<b>McLean County Center for Human Services</b>
<b>Bloomington Housing Authority</b>	<b>McLean County Government</b>
<b>Bloomington Normal Boys &amp; Girls Club</b>	<b>McLean County Health Department</b>
<b>Bloomington Normal Economic Development Council</b>	<b>McLean County Regional Planning Commission</b>
<b>Bloomington Normal Faith in Action</b>	<b>McLean County Sheriff</b>
<b>Bloomington Township</b>	<b>McLean County United Way</b>
<b>Carle BroMenn Medical Center</b>	<b>Mid Central Community Action</b>
<b>Carle Cancer Institute Normal</b>	<b>NAACP of Bloomington Normal</b>
<b>Center for Youth and Family Solutions</b>	<b>Normal Township</b>
<b>Chestnut Health Systems</b>	<b>OSF St. Joseph Medical Center</b>
<b>Children's Home + Aid</b>	<b>PATH</b>
<b>City of Bloomington</b>	<b>Project Oz</b>
<b>Community Health Care Clinic</b>	<b>Regional Office of Education</b>
<b>Connect Transit</b>	<b>State Farm</b>
<b>District 87</b>	<b>Trinity Lutheran Church</b>
<b>East Central Illinois Area Agency on Aging</b>	<b>Town of Normal</b>
<b>EasterSeals of Central Illinois</b>	<b>The Baby Fold</b>
<b>Faith in Action</b>	<b>The Black Nurses Association of Central Illinois</b>
<b>ForeFront</b>	<b>The Links Incorporated</b>
<b>Heartland Community College</b>	<b>Unit 5</b>
<b>Heartland Head Start</b>	<b>United Way of McLean County</b>
<b>Home Sweet Home Ministries</b>	<b>University of Illinois</b>
<b>Illinois Extension Office</b>	<b>West Bloomington Revitalization Project</b>
<b>Illinois Farm Bureau</b>	<b>Western Avenue Community Center</b>
<b>Illinois State University</b>	<b>YMCA</b>
<b>Illinois Wesleyan University</b>	<b>Youth Build</b>
<b>Integrity Counseling</b>	<b>YWCA</b>
<b>Marcfirst</b>	

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The 2019 McLean County Community Health Needs Assessment (CHNA) and the 2020-2022 McLean County Community Health Improvement Plan Progress Report can be found at:

*Carle BroMenn Medical Center: <https://carle.org/about-us/community-report-card>*

*Chestnut Health Systems: <https://www.chestnut.org/chestnut-family-health-center/data-reports/>*

*McLean County Health Department: <https://health.mcleancountyil.gov/112/Community-Health-Needs-Assessment-Health>*

*OSF St. Joseph Medical Center: <https://www.osfhealthcare.org/about/community-health/>*