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CarleHealth

611 W. Park St., Urbana, IL 61801

Kourage Kids

A SPECIAL GRIEF CAMP FOR KIDS
SEPTEMBER 21, 2024



CarleHealth

A One-Day Camp Offering Support
and Fun for Children Who Have
Lost a Loved One

Celebrating 25 Years



Kourage Kids camp offers children and teens a full day of both support and fun.

Your child will learn valuable tools to help them grieve in a healthy way, while connecting with other children who have also lost a loved one.

Your child will make new friends while participating in a wide range of activities that may include:

- Crafts.
- Boulderling wall.
- Basketball and soccer.
- Archery.
- Zip line.
- Giant slide.
- Gaga ball.
- Candle making.
- Sand art.
- 9-square.
- Hayrack ride.
- Memory stones.

Each activity has a point. We provide productive fun that gives kids opportunities to express their thoughts and feelings. Whether your child is angry, scared or simply sad, Kourage Kids camp is a special place that reminds them they're not alone in their grief.

REGISTRATION FORM

Cut out and send this registration form to:
Kourage Kids, Hospice Services
Carle Health Hospice
120 NE Glen Oak Ave., Suite 200
Peoria, IL 61603

Child's Name: _____
 (Circle) Male or Female
 Date of Birth: (Month/Day/Year) ____ / ____ / ____
 Address: _____
 City: _____ State: ____ ZIP: _____
 Parent/Guardian: _____
 Phone: _____ Cell: _____

Has child attended Kourage Kids camp before? Y/N
Date(s): _____

Child's School: _____
Grade: (Fall 2024) _____
Date(s): _____

T-Shirt Size:
- Adult __ Small __ Medium __ Large __ X-Large
- Child __ 6 __ 8 __ 10 __ 12 __ 14 __ 16

Relationship of the Deceased to the Child: (Circle)
Mother / Father / Sister / Brother
Grandmother / Grandfather / Aunt / Uncle
Friend / Other _____

Cause of Death:
Natural (Illness Related) | Accidental | Other
Date of Death (Month/Day/Year) ____ / ____ / ____
Special Circumstances (Example: Child was present.)

Special Information About the Child:
(Circle Y or N.)
Y/N Allergies (Examples: Food, Insects, Medications)

Y/N Health Concerns (Examples: Diabetes, ADHD, Asthma)

Y/N Does the child take any medications regularly?

Y/N Any medications you would like camp nurse to administer while child is at camp?



REGISTRATION FORM CONTINUED

Y/N Child is/has been receiving counseling?

Y/N Child has been experiencing grief-related issues?

Y/N Child is shy?

Y/N Child has specific fears (examples: animals, storms)?

Y/N Child sometimes expresses grief feelings by:

- Acting out (example: argumentative).
- Clinging. •Dreams. •Withdrawn.
- Irritability. •Worries.
- Personality change (example: from outgoing to shy).
- Behavior change (example: neat to "messy").
- Other.

Y/N I am the • parent • guardian of the minor.
I give my permission for the minor to attend Kourage Kids camp.

Y/N I absolve Carle Health Hospice of any responsibility for any injury my child might incur while attending Kourage Kids camp and for any medical costs incurred should medical treatment be provided.

Should injury or illness occur, I give permission for medical treatment and transportation (if necessary) to:
Name of Hospital: _____

Physician's Name: _____

Insurance Source: _____

Y/N I give permission for the minor to participate in transportation to and from the camp.

Y/N I give permission for my child to be included in photographs which may be taken during Kourage Kids camp to educate others about the normal grief process.

(Refusal to allow your child to be photographed in no way jeopardizes their participation in camp activities.)

Print Name _____

Date _____

Signature _____



CHILDREN GRIEVE TOO...

Grieving children often feel alone because they may not know anyone their age who has experienced the death of a family member or friend.

Grief comes in "waves" for children. Support can help your child whether it has been just weeks, several months or even years since the loss.

As the parent or caregiver of a child or teen who has experienced a loss, perhaps you're looking for new ways to help your child cope with grief.

With our trained grief counselors guiding the way, children can share their experiences with other children who are also dealing with loss.

Their common bond allows them to validate each other's feelings and lessens their sense of isolation. In a sense, they can help each other heal.

And that is why Carle Health Hospice - Peoria founded Kourage Kids.

Kourage Kids camp is provided as a FREE service of Carle Health Hospice Services. The camp is funded solely through generous donations to Carle Health Center for Philanthropy – Greater Peoria.

REGISTER YOUR CHILD TODAY.

Space at Kourage Kids camp is limited, so please register early. Our staff will contact you during the screening and application process.

When: Saturday, September 21, 2024
Camp will be held rain or shine.

Hours: 7:30 a.m. Sharp to 5 p.m.
Bus leaves the Methodist Atrium building at 7:30 a.m. sharp. Bus returns to the Atrium at 5 p.m. (See map.)

Who: Kourage Kids camp is open to children and teens, ages 5 through 18.

Where: Camp Manitoumi, 948 County Rd. 1800 N., Lowpoint, IL

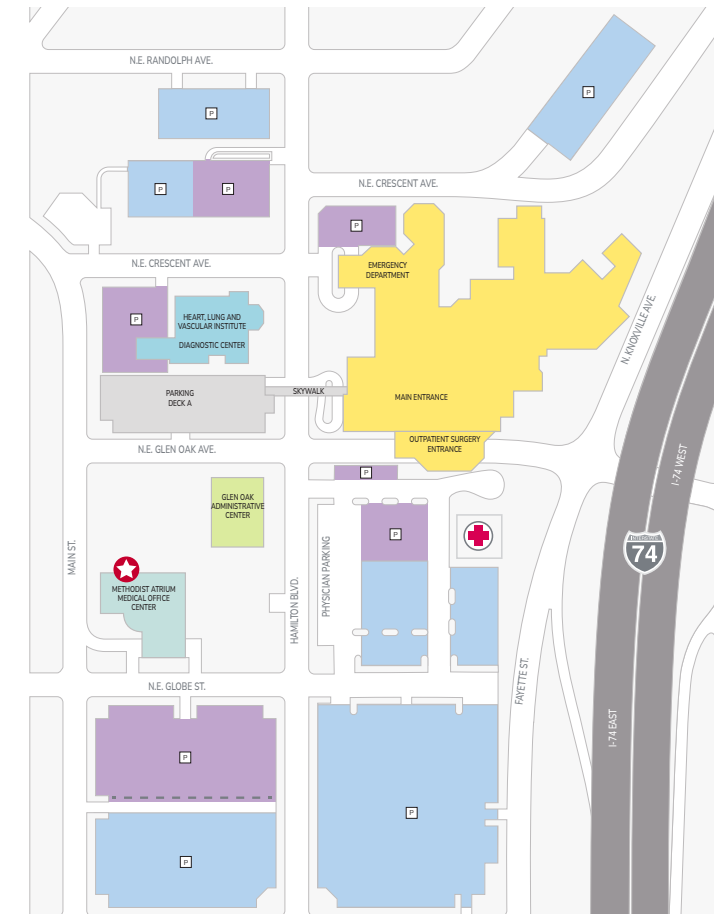
Cost: Absolutely no charge – the camp is provided as a FREE service of Carle Health Hospice Services.

QUESTIONS

Please call Carle Health Hospice at (309) 672-5746. Free parking is available in the surface lot across from the Atrium.

Carle Health Methodist Atrium Medical Office Center

900 Main St. | Peoria



Registration deadline is September 13, 2024.

Late registrations will be considered if space is available. Returning campers will be accepted if space allows and in accord with need.