

Topic: Vision Loss Prevention

Did you know the average person blinks 15-20 times per minute or almost 30,000 times daily? Vision loss doesn't have to be a normal part of getting older! There's a lot you can do right now to prevent vision problems in the future.



Article Link:

National Eye Institute: www.nei.nih.gov/learn-about-eye-health

Faith Community Health at Carle connects you and your faith community to needed healthcare and wellness support, taking a whole-person approach to health.

To learn more about bringing healthcare and wellness resources to your faith community, call (217) 902-3160 or email FaithCommunityHealth@carle.com.



Carle Faith Community
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